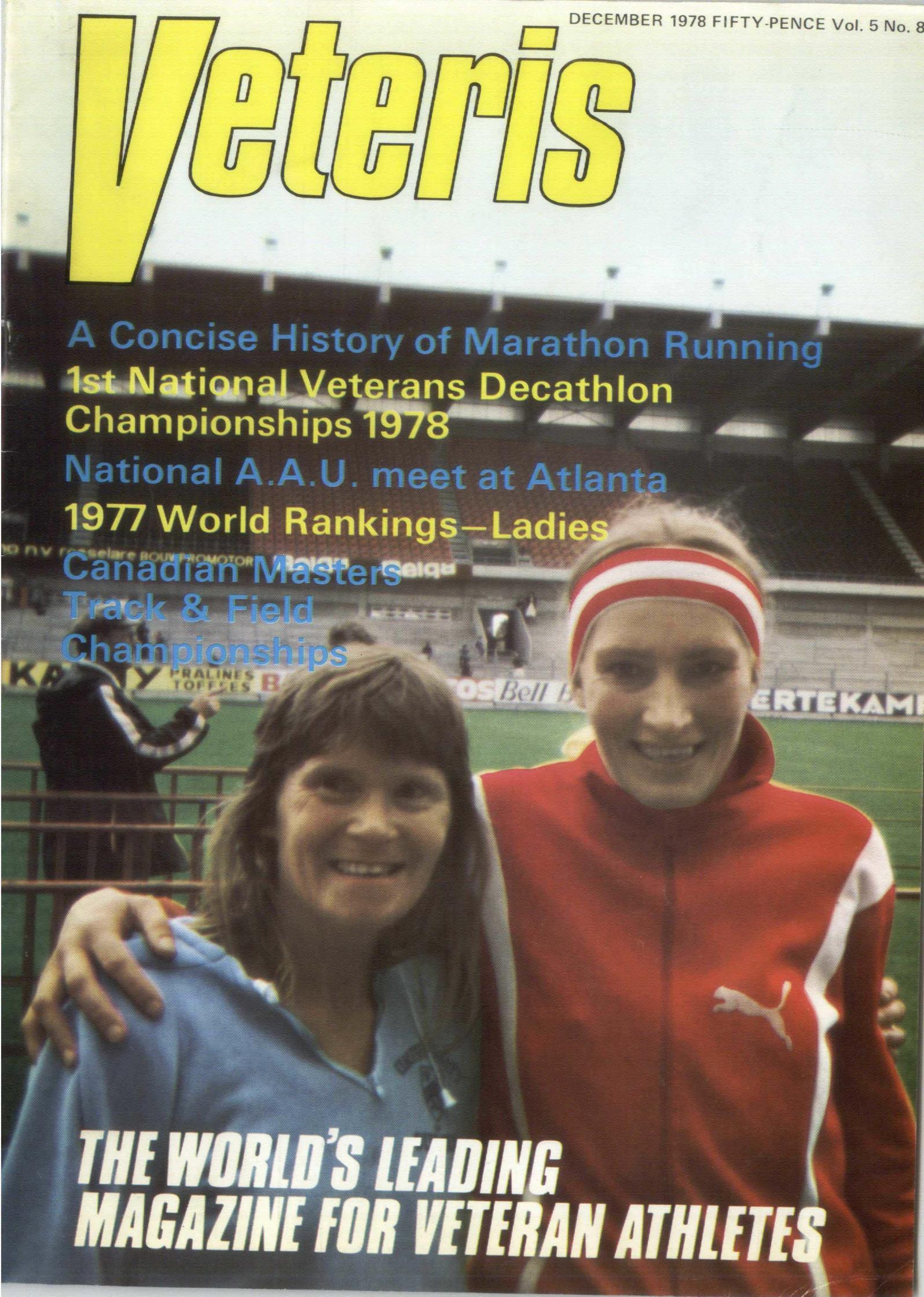


# Veteris

A Concise History of Marathon Running  
1st National Veterans Decathlon  
Championships 1978

National A.A.U. meet at Atlanta  
1977 World Rankings—Ladies

Canadian Masters  
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Published by..... Wiskcrown Limited,  
 7, Berkeley Lane,  
 Canvey Island, Essex  
 England.  
 Phone (03743) 64956

Printed by..... Fuller, England  
 Distribution by..... Subscription and  
 agents only.

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# EDITORIAL

We very much regret the late delivery to all our readers of the last two month's editions. In October we had a major breakdown, our Addressograph machine being completely out of action. The unfortunate Lynne had to write thousands of envelopes by hand.

This last month (November) we received our magazines in good time, but misfortune overtook us once again when it was found that half a page of printing was missing within our shoe supplement and this was repeated in all our magazines. They all had to be returned to our printer who re-ran the lot, meaning that we were 14 days behind schedule.

We hope that this did not inconvenience our readers too much and judging by our mail, the shoe supplement has been particularly well received.

From January the price of Veteris and R.A.C.E will be 60p. Subscriptions will remain the same at £6.60. The reason for this increase has been forced on us by the ever increasing rise in printing costs, the latest being due in January.

The price equates to less than 14p per week, and still represents excellent value for money.

We hope that our readers will understand the increase and will continue to offer us their support by buying our magazine and maybe introducing it to fellow runners.

Best wishes,  
 ERNIE BARRETT



International friendship is shown in this photo of Betty Norrish (England) and a German competitor at Brugge earlier this year.

Photo Barbara Andrews



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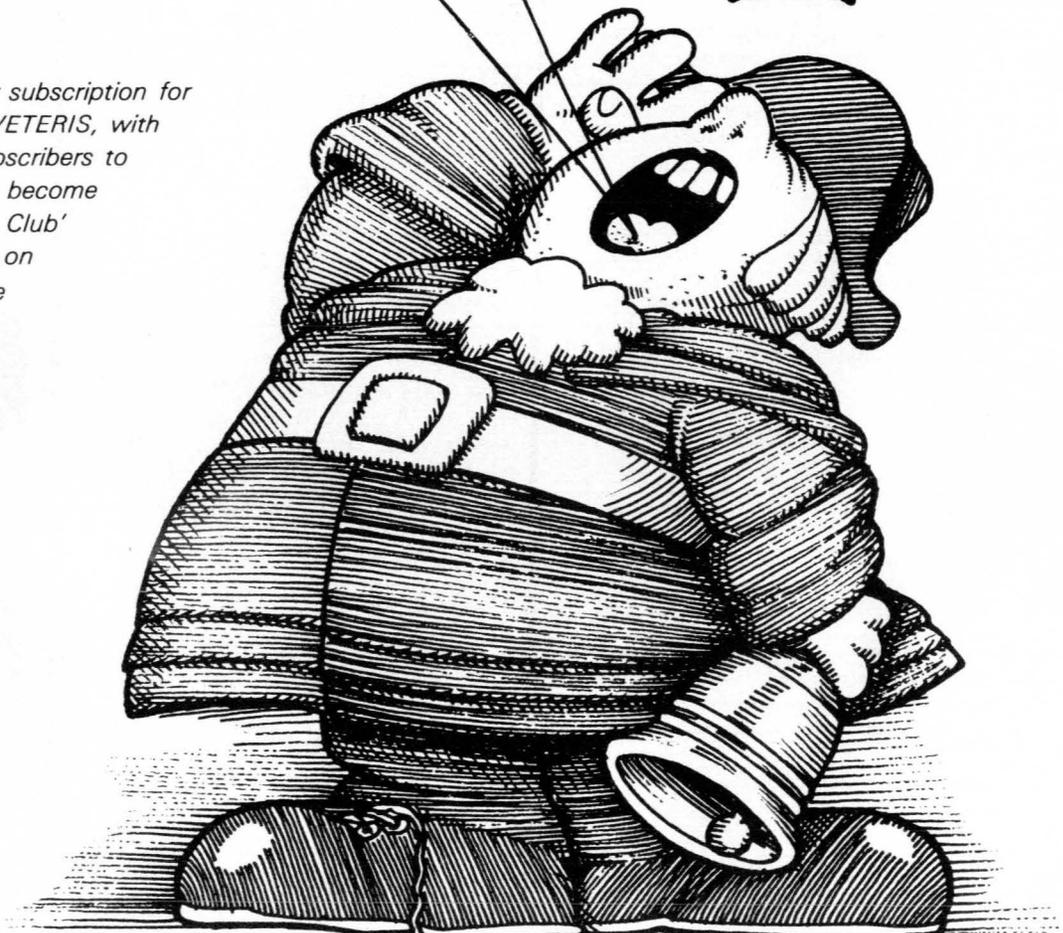
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## Why Veterans running?

Those of us who became addicted to long distance running at an early age can count themselves fairly fortunate. They have covered a longer range of enjoyment of our chosen sport than most. However, many vets take up distance running at a much later stage in life and regret not catching the bus earlier.

A typical case is Claus Bendig of Veterans A.C. who started running for health reasons in 1974 aged 68, liked it so much that he became competitive and won the bronze medal in the over 70 class at the Worlds Masters Marathon Championships at Gothenburg in 1977 in his first ever attempt over the full distance.

In my own case, although reasonably successful at domestic level, winning the Surrey County 20 mile championship in 1953, my international career began in 1968 at the age of 45. The benefit of the Veteran International races are that they are open to all comers irrespective of their ability, which enables the less talented to meet his overseas contemporaries which has hitherto been the prerogative of the elite. Also the division into five year age groups, gives one the chance to shine competitively, progressively. For instance, although the series of championships commenced too late for me to take advantage of at the minimum age of 40, at which age I achieved my best over 20 miles and marathon times, (1.56 and 2.40.36), I was successful in placing 3rd in the worlds over 50, 25 kilometres championships at Douglas, Isle of Man in 1973. This year having reached the ripe old age of 55, I progress to the 2B class (55-59) and will be hopefully attempting further success in this category. However, should I have attained my ultimate in athletic success, I will cherish not only the highs of my sport, but the enjoyment that regular exercise and the companionship of my contemporaries has afforded me.

So you see, all you who think vets running has little to offer, our branch of the sport is now and ever shall be **amateur** in every sense of the word.

Jack Fitzgerald

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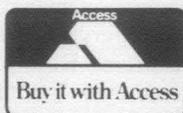
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# A CONCISE HISTORY OF MARATHON RUNNING

The origins of marathon running date back to 49BC and the battle of Marathon, when a Greek warrior named Pheidippides is reputed to have run from the battlefield to Athens, reported back to his Emperor that their side had won with the classic words, "Rejoice we Conquer," and promptly dropped dead.

There is an annual race over an extended version of this course and to date nobody has repeated Pheidippides' sad demise, but then they don't carry spears and all that armour these days.

The modern race dates back to the first official Olympics at Athens in 1896, when Spiridon Louis kept Pheidippides' spirit alive by representing the home country and finishing in front of the other 24 starters. Louis has been described as both a shepherd and a Post Office messenger. Perhaps he moon-lighted. Anyway he must have been a very devout man and is reported as praying for victory on the night before the race. This method has been emulated by many other hopefuls, but it is not recommended as a very good substitute for training.

In the 1900 Olympic Marathon in Paris, run round the old city walls, a local baker's roundsman, Michael Theato won from his compatriot Emile Champion. The bronze medalist Ernst Fast of Sweden was over 30 minutes behind the French duo and 12 of the 19 starters failed to finish.

31 started in the 1904 Olympic Marathon at St. Louis, comprising of 17 from U.S.A., 10 Greeks, 3 from South Africa (of whom 2 were Kaffirs) and a lone Cuban. The winner, Thomas Hicks was actually born in **Birmingham, but emigrated to the U.S.A.** whose colours he competed under. He remains the only British born runner to have won an Olympic Marathon gold medal, although Britain provided runners up in 1932 (**Sam Ferris**) 1936 (**Ernie Harper**), 1948 (**Tom Richards**) and 1964 (**Basil Heatley**).

Although these first 3 'Marathons' were so designated, it was the 1908 Olympic Marathon in London that set the official distance. Hitherto, marathons had been closer to the 24

mile distance of the original Pheidippides route, but the distance from Windsor Castle to the new White City Stadium, which was built for the occasion was **26 miles and a further 385 yards** round the track took the finishers to the Royal Box where Queen Alexandra was present to greet the winner. This distance has subsequently become the standard distance for all races listed as marathons. The London race was known hereafter as **Dorando's Marathon** although he didn't win, nor was his surname **Dorando**. **Dorando Pietro** reported to be a London based Italian waiter or candyseller (take your choice) captured the imagination of the 250,000 crowd that lined the route by taking the lead at 24 miles. Still leading when entering the Stadium, he turned right instead of left on reaching the track, fell flat on his face, and, receiving assistance to his feet was pointed in the right direction to break the tape in glorious isolation. Of course he was disqualified and the race was awarded to Johnny Hayes of U.S.A. who was the next to finish. As a consolation the Italian was presented with a special gold cup by Queen Alexandra, and even had a song composed in his honour by Irving Berlin.

The amazing Hannes Kolehmainen, the first of the Flying Finns, warmed up for his marathon win at Antwerp in 1920 by first winning the 5,000, 10,000 and 8,000 metres cross-country championships at Stockholm in 1912. Other great marathons were won by famous runners like **Emil Zatopek** of Czechoslovakia in 1952 in Helsinki, after first winning the 5,000 and 10,000 metres, and the runner-up in these two latter races, Alain Mimoun, the French Algerian who was a popular winner at Melbourne in 1956.

However, the ultimate in marathon running appeared to emerge in Rome in 1960 when barefoot Ethiopian, Abebe Bikila in a time over 7 minutes faster than Zatopek's Olympic record. Until Abebe entered the scene, no runner had ever retained the Olympic title. The odds against him doing so were lengthened when he underwent an appendix operation only 5 weeks before defending his title in Tokyo in

1964.

Undeterred he reached the Stadium in supreme isolation to break the tape in a time 3 minutes faster than his 1960 record. Even then he wasn't finished as he indulged in some energetic warming down exercises while he waited for the others to finish. The sad sequel to the Abebe story came in March 1969 when he sustained serious spinal injuries in a motoring accident. He was flown to England and admitted to Stoke Manderville paraplegic hospital, where he partially recovered and competed in the famous paraplegic Olympics in a wheelchair. Later he returned to Ethiopia to manage a sports arena, but tragically succumbed to his terrible injuries shortly afterwards.

U.S.A. provided a long overdue winner at Munich in 1972 in the form of Frank Shorter. Shorter was expected to retain his title at Montreal in 1976, but a lesser known East German Waldemar Ciepinski ran away from him over the last few miles.

I have deliberately refrained from mentioning times of winning contestants. Marathon courses vary so much in terrain that comparisons are misleading, therefore there are no official world records. Unofficial world records state that **Derek Clayton** has recorded 2.08.33 which is the fastest time over the official distance. Derek, who was born in England although now a naturalised Australian, has been notably unsuccessful in major championships, so readers must form their own conclusions on whether a world record outranks an Olympic title. My own conclusions are that **Dorando Pietri**, **Spiridon Louis**, **Zatopek**, **Mimoun** and particularly **Abebe Bikila** will be remembered long after Clayton's record has been broken.

The history of Womens marathon running is slightly briefer. Women had run unofficial marathons in this country in the early 60's at the discretion of the race organisers, but because of the archaic rules had to start at least an hour before the official male contestants. Dale Greig of Scotland ran in the 1963 Isle of Wight race and later became the first

woman to complete the 53 mile London-Brighton distance, again unofficially.

In 1967 an attractive New Yorker, Kathy Switzer, entered the Boston Marathon as K. Switzer and had her entry accepted. In a field of over a thousand, Kathy hid among the men, but after the start, it was so obvious that she wasn't a member of that gender, that an outraged official made an unsuccessful attempt to remove her number and eject her from the race. Thus she finished the race, breaking an important sex barrier. After 5 years of legal wheeling and dealing the A.A.U. agreed to allow men and women to compete alongside each other, as long as they are counted as separate races and appear on separate result sheets. In this country a similar rule was allowed in 1975, and like conditions exist.

As the International Olympic Committee have not yet allowed Womens Marathon races in the Olympic or other important games, we have to rely on mere times to compare the performances. The present 'record' is held by Christa Vahlensieck of West Germany of 2.34.47, but the outstanding personality (for me) to emerge is tiny 43-year-old Miki Gorman, an American of South Sea Island descent, who held the record of 2.46.36 between 1973 and 1974. A recent good performance by a British girl was by 31 year old Margaret Lockley of Luton A.C., who won the first official British Womens Championship on the very hilly Isle of Wight course in 2.55.08. With Tony Simmons of the same club winning the recent A.A.A. Championship, this was a great double for Luton and their coach, Harry Wilson. Runner-up in this race was Margaret Thompson, wife of the reigning Commonwealth and European Champion and British Record Holder, Ian Thompson.

Marathon running has boomed as a participant sport since the early 50's. In Great Britain alone over 1,500 competitors ran in at least one official marathon in 1977. In U.S.A. it has had even more boost, with whole families competing together, there being no age barring clauses as there are in Britain. Japan also has a large following, where it is almost the national sport. Unlike Britain where professional sport still attracts most crowds, (due mainly to the influence of our so-called sports journalists) it is also a great spectator sport, with thousands lining the routes at all the major home events.

# A BETTER WORLD BEST BY WIRRAL

Browsing through Veteris for some item to stimulate after indigestion caused by reading the lunatic ravings of Bob Shrunkle (he whose world begins and ends on the inner fringes of the Home Counties and whose jokes must be Max Bygraves inspired) I came across a shattering headline, 'World Best by Herne Hill Harriers.' Good gracious I thought 'Erne 'Ill 'Arriers, it must be another joke column, but no it transpired that they are the Southern Club who having raked up an obtuse world's best performance by a Veteran American Club has shattered the same performance by staggering round 4 x 1 mile in 19 minutes 26.1 seconds.

At last, I thought, a challenge to Northern supremacy in veteran team events. So, gathering my wits, (all four are required for this relay) I announced that Wirral A.C. would decimate this record. it was too far to Crystal Palace, so seeking a venue I decided on Woodchurch Stadium, Birkenhead (where??), a magnificent setting where the locals are all potential Olympians, practising for hours with half house bricks and aerodynamic hatchets.

Accordingly on September 6th, after the customary deluge had restored the consistency of the track to its normal state (pudding) and the deep end had filled up, an A.A.A. timekeeper — Grade One — Mike Lawlor, declared all his watches were set, and the alarm clock was regulated, so Non-A.A.A. starter, Junior Morrell, who only attends to keep an eye on his father in case he collapses and his inheritance comes up, blew the whistle, and the great race was on.

Spurning the scurrilous Herne Hill ploy of apparently perming the fastest from three on the first lap, Ted Isaacs set off, weaving his way through the training sessions taking place. A first lap of 69 followed by a 72 and it was on. Ted was a little weary after a couple of recent fell runs, but held on to finish in 4 minutes 45 seconds, handing over to Maurice Morrell, a bug-eyed policeman on night duty. Inspired by the thought of getting back to bed, Maurice pattered through laps of 67, 73, 72 and 71 to record 4 minutes 43 seconds. Vin Bayliss, posh he is, a Company

Director, had hared back from an exhibition in Harrogate to take part, and cut down on his fags for the hour of the race no less. Vin was well rewarded by a 4 minute 53 seconds. Away on the last stage went Doug Watson, the baby of the team, a mere 40 years and four days, and pounding round with laps in 67, 70, 72 and 68.8 recorded 4 minutes 38.8 seconds. Was this it? Glory at last?

"The time," intoned the timekeeper — A.A.A. Grade One — "was 18 minutes 58.8 seconds, which is to be the best of my considerable knowledge is a new worlds best veteran time." Thunderous applause from all six present to hear this announcement... 'Come on,' said the groundsman, "B....r off you old chaps, the jogging session's over."

**"Fido"**

(Was going to use the non-de-plume of that Greek runner, but couldn't spell it)

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# Bob Shrunkle column

US Master Dutch Warmerdam set a new over-60 decathlon record in his first competition since 1943 a couple of years ago. Second in the decathlon was Bud Deacon. Guess who was second to Dutch when he became the first man to clear 15ft in the pole vault way back in 1940, yes, you guessed it, it was Bud Deacon who cleared 14ft 2 in. How much longer is this haunting going on for?

I feel sorry for Alf Mignot of TVH, the man who starred in the bucket of water incident during the Poly the year of the heat wave. He read in AW that the London-Brighton was on Sunday 24th, and waited for two hours down at Croydon to cheer the lads through. Pity the race was run the following Sunday!

Don Claxton of Herne Hill collected three awards at the Southern Counties Vets Cross-Country Relay Championships. The first was a bronze for third team place, the second a bronze for third fastest time of the day, and the

third for being the best dressed Herne Hill Harrier. When you consider that the other two in the team were wearing vests originating from 1954 you'll see that it was not much of a contest.

The label over the door at the Crystal Palace track reads DOPE CONTROL, I reckon that you need to be one to take it.

**"Of course he got a pb for 1,500m when he went back home to Nigeria."**  
**"Oh yes, I've heard of these races, started by a cockatoo and timed with an alarm clock!"**

The country road relay championships had been moved to a new venue. One lad asked generally around the dressing room, "Did you have any trouble finding this place?" A small voice from the back of the room was heard to say, "No it was where it usually is."

Journalists at the World Cup soccer series in Argentina were given reams of regime propaganda to digest

every day. There was however a lack of typing paper so one Scottish hack simply took the blurb and typed his story on the reverse side of the Spanish. He handed it to the telex girl to send to Glasgow and in due time the subs in Glasgow were astonished to get 600 words extolling the virtues of life in the Argentine — in Spanish.

Irish TV was allowed two live slots from Prague and they opted for the 10kms thinking they would see John Treacey on the opening day but instead got the opening ceremony as they had got the wrong time. Their special interest on the last day was of course the 1,500m with Eamon Coghlan who had a great chance of a medal. Unfortunately the Investiture of the Pope was on live that day and over-ran by eleven minutes to wipe out the allotted six minutes they had bagged for the Prague track section.

Seeing 'British Meat' on Capes' chest seems OK to me, but the same legend on the delicate chest work of a



**Finnish maiden was all too much, I had to switch off again.**

Injury of the month award really ought to be split. Two entries are the gentleman that John Roberts of South London Harriers tried to assault during a 5,000m race (Stan Allen was beng lapped and did not get out of the way fast enough) and Bob Kersey of Mitcham. His story goes like this: After the Southern Vets Relays at Parliament hill he offered a vet a lift back to South London. As the hairy one climbed into the back of the Kersey car he was given the instruction 'shut the door with a slam, it sticks a bit.' The door was shut with a sharp snap and the window caved in to shower all the occupants with small particles of glass. We are not sure if the injury award is for the car, Bob's pocket, John Porter's disposition or the back seat slammer who got glass in his a...!

**It has been reported in the DT that the organisers of a pop festival at Cambridge provided transport for folk from the camp area to the music area. The coaches travelled a distance of 200 yards during this trip.**

"Yes," said the young vets son, as he applied cream to his face, "This Valderma sure hits the spot."

**Ernie Barrett then of Ilford (I've heard that name somewhere before) was running the Southern 20 on the Romford course. He packed up after two of the three laps and went to shower. Clad only in a towel after washing he was told that Ilford's number three had dropped out as well. He slipped back into his racing kit, went out the front door and ran the last lap to get a team medal. Having overtaken several runners including Ilford's number two. Wonder what he would have done if he hadn't felt the need to shower half way through?**

The disco after the Finnish match saw a hurdler Arto Byggare being persuaded that his love of last summer rated a gold and silver from the European higher than his solitary bronze.

**Did you hear about the disgruntled vet who wanted to arrange a 2 mile sponsored run...around his rivals head.**

# FREARY SMASHES U.K. RECORD IN NATIONAL VETS 10kms TRACK CHAMPIONSHIPS

## Group 1A

- 40-44 yrs.
- 1, M. Freary, Bolton, UK Record...29.47.0
  - 2, R. Gomez, Ayles.....32.09.6
  - 3, R. Pannell, Bristol.....33.21.8
  - 4, T. Wood, Epsom.....33.41.4
  - 5, D. Harris, Dudley.....35.38.0
  - 6, C. Baguley, Leicester.....35.38.2
  - 7, M. Jeffreys, Newport.....36.18.4
  - 8, R. M. Smith, Wood Green.....36.52.2
  - 9, G. Hawkins, Stourport.....37.50.0
  - 10, G. Kirby, Mid Vets.....45.56.8

## Group 1B

- 45-49 yrs.
- 1, M. Barratt, Ealing.....32.09.0
  - 2, P. Morris, Lozellls.....33.07.4
  - 3, M. Morrell, Wirral.....33.38.6
  - 4, J. Heywood, H.H.H.....33.55.2
  - 5, B. Boyce, Tipton.....37.37.8
  - 6, P. Maffia, Watford.....38.02.2
  - 7, G. Sulway, Newport.....38.04.4
  - 8, W. Mottram, West Brom.....39.13.0
  - 9, R. Richmond, Sparkhill.....39.26.4
  - 10, B. Chew, Halesowen.....42.29.2
  - 11, R. Burse, Mid Vets, 43.02.0; 12, K. Westerley, West Brom, 43.46.4; 13, E. Horwill, Dudley, 46.56.0.
- Guest runner Group 1A  
D. Briggs, Northampton.....39.04.6

## Group 2A

- 1, R. Franklin, T.V.H.....34.17.0
- 2, W. Marshall, Clyde Valley.....34.53.4
- 3, T.C. Wood, Newport.....36.22.0
- 4, G. Phipps, Learnington.....39.03.6
- 5, R. Gore, Halesowen.....43.09.4
- 6, N. Blackham, Birchfield.....49.37.0

## Group 2B

- 1, K. Hall, Wirral.....36.14.4
- 2, L.M. Brown, Wood Green.....39.45.4
- 3, B. Wade, Wood Green.....41.41.2
- 4, J. Bailey, Lozells.....50.33.0

## Group 3B

- 1, S. Lee, Horwich.....44.28.0

# LADIES 3kms TRACK CHAMPIONSHIPS

## Group W0

- 1, B. Cushen, Mitchum.....10.43.8
- 2, B. Brooks, Stoke.....10.49.6
- 3, J. Farr, Trowbridge.....11.04.0
- 4, J. De Jesus, Womens Vets.....12.18.2

## Group W1A

- 1, P. Maffia, Highgate.....12.02.0
- 2, M. Cox, Trowbridge.....13.24.8
- 3, Y. Smith, Stoke.....13.30.2



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# First National Veterans Decathlon Championships 1978

**THE TWO** days of the first Decathlon Championships were note-worthy for both the glorious weather and the spirit of sportsmanship, humour and camaraderie, qualities which are fast becoming synonymous with veterans athletics.

What started out as a query in the minds of many as to whether or not they could complete the course ended up with the assertion that "If he can do it, so can I." But not only were there determined performances, there was no dearth of skill either. Robin Ball for example, dominated the throws and clinched the 1A title with a spectacular vault of 3.70m (12ft 2in) to show us all how a fibreglass pole should be bent, whilst John Gercs (2B) who had never hurdled or pole vaulted before, totted up 4,871pts. to beat 15 of the 19 scores.

Dave Burton set the tone of the meeting with a 12.1secs. 100 metres, the fastest of the day, and things went on from there, Don Harris concluding the proceedings with a scorching 1,500 metres in 4.41.9 to leave everybody gasping — literally! Despite the long journey from Edinburgh, John Ross and Ian Steedman showed themselves particularly hardy customers. John produced the goods in the 400 metres in 57 seconds and chased Robin Ball all the way with a display of all-round competence whilst Ian was, without doubt, the most skilful hurdler present. Whilst everyone was struggling with three or five strides between the barriers, he used four and hurdled with alternate legs leading to create a new national record of 17.9 seconds. There must be something in this porridge diet!

With good sprinting and excellent jumping, Roger Beeby comfortably led with 2,903.75pts. over Colin Knowles after the first day of the 1B group but Dave Williams managed to catch them both with a final, painful, 1,500 metres.

Since the World Vets Scoring Tables had arrived from the Canadian, Ian Hume, only two weeks before, there was something of a rush to compile detailed information but there is no doubt that having such comparative data does not prove an asset in assessing performances across the age groups though scores to two places of decimals seems unnecessary and cumbersome. Two of the 'Dads' brought their sons along to complete the life cycle, 15-year-old Philip Burton scoring a very creditable 3,169pts on the I.A.A.F. tables and



Standing L to R, J. Darlington, D. Williams, G. Lee, R. Beeby, R. Ball, M. Douthwaite, Dr. A. Crocker, C. Knowles, J. Moore, J. Harris, C. Brand, K. St. J. Robinson, G. Ratcliffe.  
Kneeling L to R, J. Ball, (guest), J. Gercs, D. Burton, G. Brass, J. Day, I. Steedman, P. Burton, (guest).

16-year-old John Ball notching up an impressive 6,145pts. His 4.30 (14ft 4 1/2in) vault was quite something to watch. A budding Daley Thompson perhaps?

Dr. Tony Crocker kindly donated medals for a concurrent Midlands Decathlon resulting in the order: J. Darlington (1A), D. Williams (1B), I. Steedman (2A) and J. Gercs (2B), so perhaps Vets Decathlon is here to stay. Considering the short notice given to the meeting, there was a very good response especially during the penultimate week when, presumably, veterans were trying out events new to them. From the organisation point of view, the discus pool proved too large

resulting in long waits between throws, and the second javelin pool nearly came to a grinding halt when it was learnt that the chief judge had been involved in a car accident. Thanks to the athletes themselves and Mrs. J. Moore in particular, the event was completed very efficiently. The best vaulters were rushed into the 1,500 metres with very little time for recovery so that both Jim Day and Robin all found the going a bit rough, to say the least. So much for teething troubles. Even so, the usual comments were forthcoming — how much better we'll do next year when we get into an older age group!

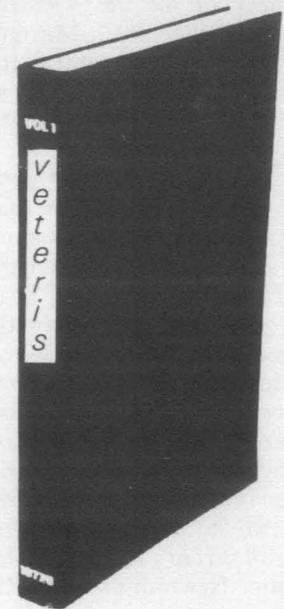
D. H. Williams

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#### CLASS 1A

	100				400				110				1500			
	m	L.J.	Shot	H.J.	m	Hur.	Disc.	P.V.	Jav.	m	Pts.					
1st R.G. Ball (Redhill)	13.1	5.37	11.52	1.47	61.2	19.4	38.60	3.70	51.00	6m.05						
2nd J.F. Ross (Edinburgh)	12.5	5.55	7.89	1.44	57.0	20.4	26.00	2.75	44.64	5m3.2						
3rd D. Burton (Hallamshire)	12.1	5.84	6.80	1.38	59.2	21.2	20.68	2.25	25.18	5m15.9						
4th J.T. Darlington (Halesowen)	13.0	5.69	7.51	1.59	60.0	19.9	23.72	1.60	28.08	5m36.5						
5th J.J. Phillips (Trowbridge)	13.4	5.01	8.18	1.44	62.2	19.9	27.58	2.01	42.22	5m45.2						
6th Dr.A.C.Crocker (Stourport)	12.8	5.41	7.51	1.59	60.0	22.1	20.04	2.60	22.64	5m50.5						
7th G.A.Ratcliffe (Dacorum)	14.0	4.76	7.75	1.32	62.2	21.4	27.12	2.01	40.54	5m20.3						
8th G. Lee (Hallamshire)	12.4	4.75	8.52	1.41	57.1	21.4	20.80	2.01	NTs	4m58.7						
9th C.M. Brand (Blackheath)	13.9	4.94	9.19	1.32	62.2	23.1	26.62	2.01	46.90	6m11.3						
10th D.A. Harris (Dudley & Stour)	13.9	4.36	7.42	1.32	61.7	22.0	16.64	2.30	20.70	4m41.9						
11th K.St.J.Robinson (Cam. & Col.)	13.4	4.27	7.17	1.26	61.4	21.8	19.88	1.50	20.08	5m.01						

#### Best Performances:

100 metres	12.1 D. Burton	110m Hurdles	19.4 R.G. Ball
Long Jump	5.84m D. Burton	Discus	38.60m R.G. Ball
Shot	11.52m R.G. Ball	Pole Vault	3.70m R.G. Ball
High Jump	1.59m J. Darlington/Dr. A. Crocker	Javelin	51.00m R.G. Ball
400 metres	57 secs J.F. Ross	1500 metres	4m 41.9 secs D.A. Harris

#### CLASS 1B

	100				400				110				1500			
	m	L.J.	Shot	H.J.	m	Hur.	Disc.	P.V.	Jav.	m	Pts.					
1st D.H. Williams (Loughboro' Univ.)	13.2	5.35	8.57	1.38	62.1	19.2	28.12	2.60	31.68	5m36.8						
2nd R.T. Beeby (Leicester Cor.)	13.0	5.71	8.28	1.56	66.9	20.5	25.50	2.15	27.44	6m3.2						
3rd C.W. Knowles (Vale of Aylesbury)	13.3	5.35	7.41	1.56	63.4	19.6	16.22	2.45	19.74	5m49.4						
4th G. Brass (Clayton-Le-Moors)	13.8	4.89	7.31	1.32	63.4	23.0	19.08	1.81	37.46	5m12.7						
5th J.E. Day (Blackheath)	13.5	4.91	7.24	1.29	67.5	20.4	18.18	2.90	24.74	D.N.F.						
6th M.Douthwaite (Hallamshire)	14.6	3.62	7.44	1.23	66.8	31.4	20.72	1.81	27.96	5m40.7						
7th J.C. Moore (Rugby)	15.3	3.98	7.24	N.H.C.	67.4	D.N.F.	22.74	N.H.C.	21.62	5m33						

#### Best Performances:

100 metres	13.0 R.T. Beeby	110m Hurdles	19.2 D.H. Williams
Long Jump	5.71m R.T. Beeby	Discus	28.12 D.H. Williams
Shot	8.57m D.H. Williams	Pole Vault	2.90m J.E. Day
High Jump	1.56m R.T. Beeby/C.W. Knowles	Javelin	37.46 G. Brass
400 metres	62.1 D.H. Williams	1500 metres	5m12.7 secs G. Brass

#### CLASS 2A

	1.6Kgs				2.10				5m41.7					
1st I.D. Steedman (Lothian)	13.2	5.29	8.41	1.35	60.8	17.9*	22.66	2.10	19.72	5m41.7				
	760	716	241	475	808	934	229	316	79	508				

#### CLASS 2B

	1.6Kgs				2.10				5m52					
1st J. Gercs (N.B. All Veterans' scores compiled from World Veterans Decathlon Tables, 1978, supplied by the Canadian, Ian Hume. *U.K. National Record)	14.5	4.63	10.62	1.26	70.6	24.9	29.84	2.01	22.94	5m52				

#### GUESTS (Using I.A.A.F. Tables)

	1.6Kgs				2.10				5m56					
P. Burton (15yrs) (Hallamshire)	13.3	5.05	6.95	1.38	60.6	22.0	21.74	2.01	28.38	4m56				
J. Ball (16yrs) (Redhill)	12.3	6.17	11.18	1.80	54.6	17.3	36.40	4.30	50.40	5m7.2				

# CANADIAN MASTERS TRACK AND FIELD CHAMPIONSHIPS

One World and ten Canadian national records were set in Victoria, capital of B.C. and beautiful venue of this year's Canadian Masters Championships.

Host and organiser of the meet was Victoria's Flying 'Y' Track and Field Club, one of the most active and successful associations in the country. Meet director, Ernie Westerhove, his hard working organisation committee and competition officials produced a well-run track meet, enhanced by the friendliness of all the Victoria, Vancouver and other B.C. Masters, many of whom those from central and eastern Canada so seldom have an opportunity to meet, both socially and competitively.

Regrettably, only about 120 competitors took part. Of these, less than 20 were from Ontario which accounts for well over 200 C.M.I.T.T. members. Ian Hume, Isobel Saumier and Blair Bowling (by way of Florida) were the only representatives from Quebec; John Houlden, Albert Dunn and Mike Whitworth from Manitoba; Hykle van der Wal, the sole flagbearer for Saskatchewan; and Jack Finstad Cliff Barrett, Gerry Ward and Art Taylor (the two latter recent emigres from Ontario) from Alberta. One entrant from Newfoundland, Ray Will, new Master with some excellent long distance times around the country was prevented from attending because of his wife's illness. We wish her a speedy recovery.

There were, though, a dozen or so entries from Oregon, California, Washington, and Minnesota, one visitor from England, one from Guyana, one from Hawaii and one from New Zealand.

Several competitors were comfortably accommodated in residences at the modern University of Victoria, still developing into an expansive, uninhibited sweep of academic buildings and spacious green areas with tree-girt running trails. A few minutes by foot downhill from the residence nestles Cadboro Bay, a picturesque arc of log strewn sand, tidy cottages and, beyond the beach, a harbour of gently

bobbing masts. White sails glide across the bay and gulls, crows, sandpipers and three herons swoop, soar or strut about the rippling surf.

Up on campus is Centennial Stadium's eight lane running track with a firm rubberised asphalt surface and wide curves, fast times are feasible. Prevailing winds, though, howl past the sand into the face of home straight finishers and hinder most record efforts from 100 to 10,000 metres.

In contrast to the enervating heat and humidity of Ontario and Quebec, Victoria brought cool relief. Rain fell most of Friday but gave way to cloud and wind Saturday for the first events, followed by sun Sunday and a lighter wind which had veered 180°.

It wasn't long before the first Canadian record fell. Iron man, Adalbert Brosz, with the wind at his back, leapt 3.41m in the 4A (70-74) long jump, 5cm more than the old record set by Arnolds Ticmanis, second in this event. These two were to share all the 4A field events. 'Albert' broke two more records; pole vault (1.80m up 20cm from his own old one) and javelin (22.32m, another record formerly held by Arnolds at 21.04). He also won the shot and the hammer. Ticmanis turned the tables with a record equalling high jump of 1.15m, and wins in the discus and triple jump. Bur Brosz beat his rival in the pentathlon (both dropping the 1,500m) and also ran away unchallenged with the 100m and 200m — a staggering performance for a man of any age.

At the other end of the scale, Hykle van der Wal (Saskatchewan), burst on to the Masters scene with four wins including a 1A (40-44) Canadian national record of 10.04 in the 3,000m steeplechase, erasing Jim Conway's 10.31.00. His other 'golds' were for 1,500m and 800m, and 400m hurdles, a tough group of events.

Another name to flash into prominence is Naomi Miller. In class 1W (40-44) Naomi knocked 1.37.2 off Lois Waterhove's 10,000m record with a time of 41.01.8 then she shattered

Sylvia Weiner's 5,000m record by 2.39.1 for a new mark of 19.30.6. Naomi also won the 1,500m in 5.18.6, 5.2 seconds ahead of Suzanne Mashohn, class OW (35-39) and 5 seconds short of Joan Daviau's record set in Gothenburg. Where are you Joan?

Lois Waterhove, undismayed by second place in the 1,500m and by losing her 10,000m record, established a new mark for the 400m hurdles with a time of 1.28.2 and won the 800m in 2.51.6.

World Masters champion pole vaulter, Roger Ruth has now turned 50 (class 50-54). He's left behind four Canadian records in class 1 (40-49) and has begun his assault on class 2 with two records, a pole vault of 3.81m, the same height as 1A winner, Gerard Dumas, and a high jump of 1.65m, .19cm above the old record shared by Stan Egerton and Jack Rowe. Stan had established the previous vault mark of 3.50 when he won gold in Gothenburg but couldn't attend these championships either because of injury or of new duties since being promoted to captain in the Toronto Fire Department. His fierce competition and lively wit were also missed in the sprints. Roger added victories in the long and triple jumps.

Jack Rowe (2A), having lost one record, picked up a new one in 110m hurdles. His time of 20.8 seconds was .3 under Max Pickl's old mark. He also won the 400m hurdles, was 2nd in the 400m flat and third in the 200m.

World Masters gold medalist, Arthur Taylor, (2A), who recently moved from Ontario to Alberta, collected his usual batch of 'golds' in 3,000m steeplechase, 5,000m, 10,000m, and 1,500m but he wasn't in record breaking form.

Another world champion, deceptively lanky Ian Hume, class 3A (60-64) brought his family from Quebec to watch him gather another bagful of trophies. He won the long, high and triple jumps, 110m hurdles, pole

vault, discus, javelin, shot and pentathlon, in which he had to compete separately from the individual events, though he skipped the 1,500m. A man of tempered steel:

Other multiple winners were:-

**Dianne Byers** (0W or 35-39), Vancouver, in long and high jumps, shot, discus and javelin.

**Suzanne Mashohn** (0W), Vancouver, in 1,500m and 5,000m.

**Isobel Saumier** (W60-64), Quebec, in 100m, 200m and javelin.

**Jackson Tovell** (1B or 45-49), Ontario, in javelin, discus, hammer and shot.

**Milan Janecek** (1A or 40-44), Ontario, in long, high and triple jumps.

**Stan Hurton** (1A), Victoria, in 110m hurdles, discus and hammer.

**Jan Versteeg** (2A), Victoria, in shot, javelin and discus.

**Norman Baum** (2A), Toronto, in 100m, 200m and 400m.

**Blair Bowling** (1A), Quebec and Florida, in 200m, 400m, 2nd in 100m.

**Peter Pienka** (2B), Toronto, in 100m and 200m.

**Gerry Ward** (3B or 65-69), Alberta, in 100m, 200m, 3rd in 400m.

**Everre Hietanen** (2B), Vancouver, 5,000m, and 10,000m.

**Jack Carson** (2A), Vancouver, 800m, pentathlon, 2nd in 1,500m.

From Guyana came Clifford 'Rocky' McPherson, silver medalist in Gothenburg and 1B winner here of the 100m and 200m.

Behind Rocky, Rafael Melendez-Duke (1B) of Vancouver, was fastest Canadian Master of all in 100m and 200m.

Bud Deacon, (3B) of Hawaii came up with some very impressive results in winning the long jump (3.97m), 110m Hurdles (23.5), high jump (1.25m), 400m (69.7), 400m (77.6), 800m (2.55.6), triple jump (8.34m), pole vault (2.74m). Phenomenal for a man approaching three score and ten.

And the world record breaker was Clive Davies of Oregon. In class 3A (60-64), he ran 10,000m in 35.19.8. That's less than six minutes a mile for six miles! Only Rick Whiting and Wolf Mashohn of class 1A (40-44) and two sub-masters (30-39) ran faster times. Clive also won the 1,500m in 5.02.2 and 5,000m in 17.37.6, faster than any other Master over age 45 except Art Taylor. C.M.I.T.T. president, Brian Oxley, who won the 1B 5,000m in 17.45.0

still can't believe he was out run by a man nearly twenty years his senior! Some consolation that Brian's 1,500m time was 4.37.0, second to Jim Conway's 4.31.6.

At the excellent post-games dinner, the menu card informed us that it was 'Co-sponsored by The Government and the People of the Province of British Columbia.' This reinforced the programme's foreward by W.R. (Bill) Bennett, the Province's Premier, welcoming the competitors on behalf of the government and people of British Columbia to "this important national event."

It was this kind of moral support at the highest levels that the Canadian Masters International Track Team, collectively and individually appreciates and needs to provide encouragement and publicity in its efforts to promote fitness and to share athletic enjoyment among the millions of Canadians past their mid-thirties.

The news media, print or electronic, local or national ignore the Masters completely unless beaten over the head before a World Masters meet while any kind of government sponsorship has been minimal since 1975.

Gradually, however, recognition of Masters crops up as during Toronto's Senior Citizens Day when Blain Till, Adalbert Brosz and Arnolds Ticmanis were honoured, or at the Vancouver Awards Banquet when Sverre Jietanen received the special Masters Award in the same company as Debbie Brill, top Senior Woman Athlete.

Perhaps before next year's Canadian Masters Championships in the Toronto area, an advance publicity campaign should be launched to attract the attention of the media and invitations to the games be issued to senior provincial and municipal government figures.

For excitement, thrilling finishes, incredible performances, nothing can beat the track and field competition provided by men and women Masters. To the participants, whether record breakers or also rans, the Canadian Masters Track and Field Championships mean an outlet for competitive instincts, friendly association of like-minded people, a focal point for over forties who want to enjoy health, fitness and same perspective on every day life.

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## 100m Finals

<b>W60-64</b>
1, I. Saumier, Que.....18.3
<b>W65-69</b>
1, K. York, N. Cal.....28.1
<b>M40-44</b>
1, R. Stanfield, Vanc.....12.6
2, B. Bowling, Flor.....12.6
3, B. Allardyce, Vanc.....13.0
<b>M45-49</b>
1, C. McPhearson, Guyana..12.3
2, R. Melendez-Duke, Fly Y..12.3
3, B. Springbrett, Cal.....12.5
4, H. Hitt, Ore.....12.8
5, K. Morris, Ont.....12.8
6, P. Robson, Fly Y.....14.0
<b>M50-54</b>
1, N. Baum, Ont.....13.0
2, J. Finstad, Alta.....13.1
<b>M55-59</b>
1, P. Pientka, Ont.....13.5
2, A. Dunn, Man.....14.2
3, D. Merrick, Comox.....16.2
<b>M60-64</b>
1, R. Jones, Wash.....15.0
<b>M65-69</b>
1, G. Ward, Alta.....14.6
<b>M70+</b>
1, A. Brosz, Ont.....17.2

## 200m Finals

<b>M40-44</b>
1, B. Bowling, Flor.....24.1
2, R. Stanfield, Vanc.....25.2
3, B. Allardyce, Vanc.....25.7
<b>M44-49</b>
1, C. McPhearson, Guyana..23.8
2, B. Springbrett, Cal.....24.1
3, R. Melendez-Duke, Fly Y.24.4
4, G. Gluppe, Ont.....24.9
5, K. Morris, Ont.....26.5
<b>M50-54</b>
1, N. Baum, Ont.....25.9
2, J. Finstad, Alta.....26.8
3, J. Rowe, Fly Y.....26.8
<b>M55-59</b>
1, P. Pientka, Ont.....26.8
2, A. Dunn, Man.....28.0
3, C. Hill, LGRR.....30.4
4, D. Merick, Comox.....31.4
<b>M60-64</b>
1, R. Jones, Wash.....29.0
<b>M65-69</b>
1, G. Ward, Alta.....30.0
<b>M70+</b>
1, A. Brosz, Ont.....35.6
<b>W30-34</b>
1, J. Miller, Wash.....33.0
<b>W60-65</b>
1, I. Saumier, Que.....36.1

## 400m Finals

<b>M40-45</b>
1, B. Rowling, Flor.....55.6
2, B. Allardyce, Vanc.....54.6
<b>M45-49</b>
1, H. Hitt, Ore.....55.3
2, d. Clement, Kajaks.....55.9
3, G. Gluppe, Ont.....57.1
4, B. Anderson, Fly Y.....61.1
5, K. Morris, Ont.....65.3
<b>M50-54</b>
1, N. Baum, Ont.....58.6
2, J. Rowe, Fly Y.....60.8
3, T. Dedinsky, VOC.....68.7
<b>M65-69</b>
1, B. Deacon, Hawaii.....69.7
2, R. Jones, Wash.....1.12.5
3, G. Ward, Alta.....1.12.9

## 800 Metres

<b>M40-44</b>
1, H. Vanderwoal, SASK..2.07.2
2, D. Tretheway, Vanc.....2.12.6
<b>M40-44</b>
1, J. Carson, Fly Y.....2.19.2
2, A. Sweeny, LGRR.....2.28.9
3, J. 'holden, Man.....2.40.6
4, Dedinski, VOC.....2.45.8
<b>M45-49</b>
1, D. Clement, Kajak.....2.10.0
2, I. Jamieson, Ont.....2.16.2
3, C. Barnett, Alta.....2.44.1
4, S. Davidson, VOC.....2.47.6
<b>M65-69</b>
1, B. Deacon, Hawaii.....2.55.6
<b>W40-44</b>
1, L. Westerhove, Fly Y....2.51.6

## 1,500 Metres

<b>M40-44</b>
1, H. Vanderwal, Sask.....4.15.8
2, D. Tretheway, Vanc.....4.26.3
3, W. Mashohn, LGRR.....4.28.1
4, G. Ball, Fly Y.....4.30.1
5, B. Arnold, Ont.....4.53.5
6, K. Smythe, Fly Y.....5.06.4
7, C. Heatherington, Pt Alb.5.27.6
<b>M45-49</b>
1, J. Conway, LGRR.....4.31.6
2, B. Oxley, Ont.....4.37.0
3, I. Jameison, Ont.....4.42.8
4, I. Lanbeth, Fly Y.....4.54.5
5, S. Davidson, VOC.....5.28.8
<b>M50-54</b>
1, A. Taylor, Alta.....4.41.6
2, J. Carson, Fly Y.....4.54.3
3, A. Sweeny, LGRR.....4.59.5
4, J. Moulden, Man.....5.20.9
<b>M55-59</b>
1, A. Potter, LGRR.....5.10.2
2, A. Stuart, Van I Nord...5.12.7
3, C. Hill, W. Van.....5.18.1
<b>M60-64</b>
1, C. Davies, Ore.....5.02.2
<b>W35-39</b>
1, S. Mashohn, N. Van.....5.23.8
<b>W40-44</b>
1, N. Miller, W. Van.....5.18.6
2, L. Westerhove, Fly Y....5.40.0
3, E. McColl, W. Van.....5.40.3

## 5,000m Finals

<b>W35-39</b>
1, S. Mashohn, N. Van...21.06.4
<b>W40-44</b>
1, N. Miller, W. Van.....19.30.6
2, L. McColl, W. Van.....20.20.9
3, S. Smith, CoCh.....21.13.6
<b>W45-49</b>
1, J. Wilcock, Vict.....30.16.6
<b>M40-45</b>
1, R. Whiting, Kaj.....15.54.6
2, W. Mashohn, LGRR....16.31.2
3, D. Tretheway, Vanc....16.41.0
4, G. Ball, Fly Y.....16.55.8
5, M. Ellis, Fly Y.....17.46.0
6, K. Smythe, Fly Y.....18.42.2
7, E. McDonald, LGRR...18.52.8
<b>M45-49</b>
1, B. Oxley, Ont.....17.45.0
2, J. Lanbeth, Fly Y.....19.42.2
3, S. Davidson, VOC.....19.43.4
4, B. Henderson, Vanc....20.06.4
<b>M50-54</b>
1, A. Taylor, Alta.....16.39.4
2, S. Baldry, LGRR.....19.17.2
3, J. Houlden, Man.....19.29.6
4, B. Madeley, Ont.....19.31.8
5, K. Richardson, LGRR..22.02.6
6, B. Watson, Port Alb...22.18.0

## M55-59

1, S. Heitanen, VC.....18.03.0
2, A. Stuart, Van Isle.....19.19.6
3, C. Hil, W. Vanc.....19.24.2
<b>M60-64</b>
1, C. Davies, Ore.....17.37.6
2, W. Sheridan, Ont.....20.32.2
<b>M65-59</b>
1, C. Carroll.....21.47.6
<b>M70+</b>
1, A. Green, Fly y.....23.10.8

## 10,000 Metres

<b>W40-44</b>
1, N. Miller, W. Van.....41.01.8
3, E. McColl, CoCh.....42.06.2
3, S. Smith, CoCh.....43.28.8
<b>M40-44</b>
1, R. Whiting, Kaj.....33.30.6
2, W. Mashohn, LGRR....34.36.8
3, M. Ellis, Fly Y.....36.56.0
4, E. McDonald, LGRR....37.19.8
5, A. Marshall, Fly Y.....38.51.2
6, Heatherington, Pt Alb.40.13.6
<b>M45-49</b>
1, D. Ellis, Fly Y.....39.24.2
2, S. Davidson, VOC.....40.06.0
3, B. Henderson, Vanc....42.16.4
<b>M50-54</b>
1, S. Baldry, LGRR.....38.57.4
2, J. Houlden, Man.....39.02.2
3, B. Madeley, Ont.....39.36.0
4, A. Milligan, LGRR.....40.38.2
<b>M55-59</b>
1, S. Hietanen, VOC.....37.22.0
2, E. Fisher, Vanc.....41.27.0
<b>M60-64</b>
1, C. Davies, (W. Record).35.19.8
2, W. Sheridan, Ont.....42.33.8
<b>M65-69</b>
1, C. Carroll, Chill.....45.19.0
<b>M70+</b>
1, A. Green, Fly Y.....46.40.8

## 110m Hurdles

<b>M40-44</b>
1, S. Hurton, Vic.....20.2
2, M. Janeczek, Ont.....20.5
<b>M50-54</b>
(Canadian record 21.1)
1, J. Rowe, Fly Y.....20.8
<b>M60-64</b>
1, I. Hume, Que.....21.6
2, F. Powell, Vanc.....38.8
<b>M65-69</b>
1, B. Deacon, Hawaii.....23.5

## 400m Hurdles

<b>M40-44</b>
1, H. Vanderwal, Sask.....64.8
<b>M50-54</b>
1, J. Rowe, Fly Y.....1.11.6
<b>M65-69</b>
1, B. Deacon, Hawaii.....1.17.6
<b>W40-45</b>
1, L. Westerhove, Fly Y....1.28.2

## 3,000m Finals

<b>M40-44</b>
1, H. Vanderwal, Sask.....10.04.0
2, E. Hunter, LGRR.....10.34.2
<b>M50-54</b>
1, A. Taylor, Alta.....11.04.0
2, A. Sweeny, LGRR.....12.22.6

## High Jump

<b>W35-39</b>
1, D. Byers, VOC.....1.10
<b>M60-64</b>
1, I. Hume, Que.....1.47
2, F. Powell, Vanc.....1.00

## M65-69

1, B. Deacon, Hawaii.....1.25
2, J. York, N. Cal.....1.00

## Long Jump

<b>W35-39</b>
1, D. Byers, VOC.....3.17
<b>W65-69</b>
1, K. York, Cali.....1.76
<b>M40-44</b>
1, M. Janeczek, Ont.....5.47
<b>M45-49</b>
1, B. Anderson, Fly Y.....4.47
<b>M50-54</b>
1, R. Ruth, Vic.....5.02
2, T. Dedinsky, VOC.....3.75
<b>M60-64</b>
1, I. Hume, Que.....4.85
<b>M65-69</b>
1, B. Deacon, Hawaii.....3.97
<b>M70+</b>
(Canadian record 3.36)
1, A. Bosz, Ont.....3.41
2, A. Tickmanis, Ont.....3.16

## High Jump

<b>M40-45</b>
1, M. Janeczek, Ont.....1.45
<b>M50-55</b>
(Canadian Record 1.46)
1, R. Ruth, Vict.....1.65
2, D. Wilson, Fly Y.....1.45
3, J. Versteeg, VOC.....1.20

## Triple Jump

<b>M40-49</b>
1, M. Janeczek, Ont.....9.05
<b>M50-59</b>
1, R. Ruth, Voct.....11.23
2, J. Versteeg, VOC.....7.70
<b>M60-64</b>
1, I. Hume, Que.....10.23
<b>M65-69</b>
1, B. Deacon, Hawaii.....8.34
2, J. York, Cal.....6.57
<b>M70+</b>
1, A. Ticmanis, Ont.....5.80
2, A. Brosz, Ont.....4.51

## Pole Vault

<b>M40-44</b>
1, G. Dumas, VTC.....3.81
2, S. Hurton, VTC.....2.89
<b>M50-59</b>
1, R. Ruth, Vict.....3.81
(New Canadian Record)
2, D. Wilson, Fly Y.....2.29
<b>M60-64</b>
1, I. Hume, Que.....2.56
2, F. Powell, VOC.....1.70
<b>M65-69</b>
1, B. Deacon, Hawaii.....2.74
<b>M70+</b>
1, A. Brosz, Ont.....1.80
(New Canadian Record)
2, A. Ticmanis, Ont.....1.70

## Shot Put

<b>W35-39</b>
1, D. Byers, VOC.....4.88
<b>M45-49</b>
1, J. Tovell, Ont.....9.35
<b>M50-54</b>
1, J. Versteeg, VOC.....12.00
<b>M55-59</b>
1, M. Costaneda, Minn.....11.32
2, S. Johnson, NZ.....10.88
3, A. Zakis, Ont.....10.75
4, H. Parsons, Ont.....10.58
5, P. Pientka, Ont.....9.05
<b>M60-64</b>
1, I. Hume, Que.....10.57
2, F. Rowell, Van.....9.08

# ONTARIO RESULTS

<b>M65-69</b>
1, J. York, N. Cal.....12.60
2, H. Plattner, Fly Y.....11.62
<b>M70+</b>
1, A. Brosz, Ont.....8.50
2, A. Ticmanis, Ont.....8.40

## Discus

<b>M40-44</b>
1, S. Hurton, VTC.....32.96
2, P. Kabe, Vict.....29.92
3, D. Dewar, Man.....24.14
<b>M45-49</b>
1, J. Tovell, Ont.....33.32
2, J. Carson, Fly Y.....25.06
<b>M55-59</b>
(2kg Weight)
1, M. Castaneda, Min.....36.52
2, S. Johnson, NZ.....33.28
3, H. Parsons, Ont.....32.60
4, A. Zakis, Ont.....26.52
<b>M60-64</b>
1, I. Hulme, Que.....32.56
2, F. Powell, Vanc.....30.18
3, M. Saumier, Que.....24.28
<b>M65-59</b>
1, H. Plattner, Vict.....36.86
2, J. York, Cal.....34.62
<b>M70+</b>
1, A. Ticmanis, Ont.....23.64
2, A. Brosz, Ont.....22.64

## Javelin

<b>W35</b>
1, D. Byers, VOC.....9.76
<b>M45-49</b>
1, J. Tovell, Ont.....35.94
2, G. Gluppe, Ont.....29.24
<b>M50-54</b>
1, J. Versteeg, VOC.....33.60
2, J. Carson, Fly Y.....29.06
<b>M55-59</b>
1, A. Zakis, Ont.....29.96
<b>M60-64</b>
1, I. Hulme, Que.....39.48
2, F. Powell, Vanc.....16.84
<b>M65-69</b>
1, J. York, Cal.....24.36
<b>M70+</b>
(Canadian record 21.04)
1, A. Brosz, Ont.....22.32

## Hammer (16lbs)

<b>M40-44</b>
1, S. Hurton, VTC.....36.06
2, D. Dewar, Man.....35.96
3, G. Dumas, VTC.....19.98

<b>M45-49</b>
1, J. Tovell, Ont.....23.62

<b>M50-54</b>
1, J. Versteeg, VOC.....36.60
<b>M55-59</b>
1, S. Johnson, NZ.....35.00
2, W. Jenkins, BC.....28.62

<b>M60-64</b>
1, F. Powell, Van.....22.14
<b>M65-69 (12lbs)</b>
1, J. York, Cal.....28.36
<b>M70+</b>
1, A. Brosz, Ont.....21.24
2, A. Ticmanis, Ont.....20.40

## Medley Relays — Men

<b>45-49</b>
1, British Columbia.....1.49.0
2, Ontario.....1.53.4
<b>50-54</b>
1, BC.....1.56.6
2, Ont.....2.00.7

## Pentathlon

Long Jump, Javelin, 200 metres, Discus, 1,500 metres
<b>M70+</b>
1, A. Brosz, Ont.....1530 (3.17, 21.56, 34.8, 23.12 DNF)
2, A. Ticmanis, Ont.....725 (2.75, 18.58, 38.2, 23.12 DNF)
<b>M30-39</b>
1, R. Gent, Ore.....2036 5.09, 39.18, 25.8, 33.58, 6.04.3)
<b>M40-44</b>
1, D. Steen, Burnaby St.....2643 (5.53, 43.18, 26.9, 31.28, 5.1.65)
2, H. Vanderwal, Sask.....1965 (5.29, 17.34, 26.4, 11.82, 4.24.5)
3, P. Kabe, Vict.....1824 (4.08, 34.48, 26.7, 32.10, 5.58.0)
4, N. Boston, Vanc.....1301 (3.89, 31.64, 29.8, 22.84, 5.31.8)
5, B. Dailey, Port Alb.....1158 (3.59, 30.24, 29.2, 20.42, 5.34.6)
<b>M45-49</b>
1, B. Anderson, Fly Y.....1679 (4.47, 23.03, 27.4, 19.80, 5.06.9)
2, J. Conway, LGRR.....1420 (4.15, 20.10, 29.3, 16.60, 4.38.3)
<b>M50-54</b>
1, J. Carson, Fly Y.....1452 (3.98, 30.02, 28.9, 26.96 DNF)

## June 25th Masters Northview Track, Toronto

1, C. Hall.....16,000
2, D. Milne, MTFC.....15,104
3, F. Fitzgerald.....14,998
4, R. Belton, Osh Legion..13,801
5, H. Ramkema.....12,822
6, T. Jessup.....12,060
7, Ralsky.....9,986

## August 5th Police Games, Toronto Two months after the event. Still no official results available!

## August 8th 10,000 Cross-Country Sweden v Ontario Sunnybrook Park, Toronto

This most pleasant, friendly visit by Alan Scott and his jolly Vikings was underlined by a fine cool evening and an exciting race over the tough World Masters course. From the gun, Gosta Bjorklund took a swift lead followed hotly by Stig Olsson and by the 1,500m mark the Swedish pair had opened perhaps a dozen yards on a chasing group of Ontarians. A thousand metres further on however, Cliff Hall emerged from this second group, overhauled by Stig and began his assault on Gosta's lead. Gosta it should be remembered, had run a very creditable marathon only three days previously at the Police Games and was trying very hard when the smooth striding Hall caught him up at the foot of the first small hill. After the hairpin turn at the top, Cliff took the lead on the downhill and whilst he never relinquished it he was never allowed to ease up by the persistent Swede. Meantime, another tight race developed when Johnny Johnston caught

up Stig Olsson and a battle for third place ensued during which it changed several times.

During the second half of the race, yet another Ontario-Swedish struggle occurred between Frank Galata, Brian Oxley and Alan Scott and a little further in the back a couple of Swedish lassies caused some sweating brows as they put on a great show. Well worth mentioning was 66-year-old Arthur Lilgestrom. In the end honours came out pretty even, a draw was declared and we went to the club house for refreshments and awards. Quite an occasion. Let's hope we can return the visit.

## Class 1A

### 40-44

1, E. Crangle, Ont.....42.11
2, A. Vondette, Ont.....42.45
3, B. Nagle, Ont.....43.36
4, S. Milne, Ont.....47.18

### Class 1B

#### 45-49

1, G. Bjorklund, Swe.....36.44
2, J. Johnston, Ont.....38.59
3, B. Oxley, Ont.....40.13
4, A. Lynn, Ont.....43.00
5, W. Schwendt, Ont.....47.47
6, T. Green, Ont.....48.32
7, D. Kentish, Ont.....52.02
8, L. Tretziak, Ont.....52.38

### Class 2A

#### 50-54

1, C. Hall, Ont.....36.39
2, S. Olsson, Swe.....39.30
3, F. Galata, Ont.....40.01
4, A. Scott, Swe.....40.19
5, J. Morrow, Ont.....41.30
6, R. Lang, Ont.....44.22
7, D. Farquharson, Ont.....46.17
8, J. Nolan, Ont.....49.14
9, B. Turner, Ont.....50.50

### Class 2B

#### 55-59

1, A. Woodhouse, Ont.....47.32
2, E. Williams, Ont.....51.14

### Class 3A

#### 60-64

1, S. Smith, Ont.....47.48
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Class 3B  
65-69

1, A. Lilgestrom, Swe.....51.31

## Women

1, S. Jansson, Swe.....44.17

2, R. Olsson, Swe.....46.00

3, M. Lundquist, Swe.....51.04

August 9th  
15km Walk  
Sweden v Ontario  
Sunnybrook Park, Toronto

Unfortunately Max Gould was our sole representative at this match so we lost by team default. The race itself proved an excellent workout as all the competitors later attended the European Masters Championships in Italy. Max (class 3A) tried hard against Alan Scott who has just entered Class 2A and in turn was pressed most of the way by Ake Lunstrom (2B). Mauritz Fricsson (3A) and Margareta Lundquist (OW) carried out their own race further back.

1, A. Scott, Swe.....1.21.27  
2, M. Gould, Ont.....1.22.23  
3, A. Lundquist, Swe.....1.24.35  
4, M. Fricsson, Swe.....1.46.41  
5, Lundquist, Swe.....1.52.08

August 13th  
MTRRA Ten Mile Road Race  
Toronto

## Masters (O/40)

1, C. Hall, Unatt.....58.15  
2, L. Buck, MTFC.....60.11  
3, C. Austin, Cambridge.....60.49  
4, J. Johnston, MTFC.....61.54  
5, K. Riihiho, Unatt.....63.24  
6, S. Whitney, WCAAA.....63.57  
7, D. Milne, MTFC.....64.08  
8, G. Downer, Brampton.....65.30  
9, B. Hill, Cedit Valley.....66.25  
10, N. Johns, Unatt.....68.03  
11, A. Whorwood, WCAAA, 69.03; 12, J. C. Moore, Cambridge, 70.01; 13, E. Davies, Brampton, Brampton, 73.06; 14, R. Starr, Unatt, 74.01; 15, R. Krempulac, Unatt, 75.16; 16, B. Bird, Credit Valley, 78.57; 17, M. Sheppard, WCAAA, 8.33; 18, D. Oram, Unatt, 85.54; 19, B. Gage, Unatt, 86.46.

## Esquires (O/50)

1, R. Lang, Etob Huskies....66.33  
2, S. Hetheron, Brampton.67.02  
3, D. Mullin, Unatt.....68.37

September 16th  
Elwyn Davies Marathon  
Bramlea, Ontario

## Class 1 (40-49)

1, B. Wade, USA.....2.59.22  
2, G. Downer, Brampton.3.03.41  
3, B. Hill, Missagua.....3.11.32  
4, R. Pope, Orangeville.....3.16.42  
5, B. Fulerton, Scarb.....3.25.59  
6, E. Davies, Brampton....3.32.47  
7, G. Edelist, Don Mills....3.38.40

## Class 2(50+)

1, Netherton, Brampton..3.14.41  
2, J. Morrow, Scar.....3.16.52  
3, R. Strom, Scar.....4.12.40  
4, A. Woodhouse, Scar...4.12.40

September 17th  
MTFC 20km  
Championship Race  
Sunnybrook Park, Toronto

1, L. Buck, 1A.....1.11.47  
2, J. Johnson, 1B.....1.12.15  
3, E. Crangle, 1A.....1.17.52  
4, R. Lang, 2A.....1.22.58  
5, B. Nagle, 1A.....1.26.27  
6, A. Kazdan, 3A.....1.30.37  
7, J. Milligan.....1.31.14  
8, J. Nolan, 2A.....1.32.15  
9, B. McConnell, 2A.....1.33.00  
10, E. Williams, 2B.....1.33.10  
11, S. Smith, 3A, 1.33.13; 12, D. Black, 1A, 1.33.21; 13, J. Kazdan, W2B, 1.42.46; 14, E. Vivaneos, 2B, 1.47.25; 15, S. Mikhail, 1.48.43; 16, S. Swaye, 1A, 1.55.56.

September 24th  
Springbank International  
Road Races  
London, Ontario

For sheer quality as well as quantity, Springbank continues to be the benchmark by which most Canadian Masers rate themselves, and this years race was no exception. Former winner and record holder Ron Wallingford faced his old rival Gord Dickson, Tony Giblin arrived with his protege Don DiAddio (5th place Masters 1A, World best Berlin 1978) evergreen Bob Pakliain from Detroit brought along a new US Master Don Sleeman whilst two newly turned 40's former Canadian greats, Hykle Vanderwol (Steeplechase, Cross-Country) and Ray Will (1,500, 10,000) came from Saskatchewan and Newfoundland respectively. Facing all these and determined to defend his hard won title of last year was Brian Harris who led a strong Motor City (Detroit, USA) contingent.

In class 2 (50-59) we missed Arthur Taylor, former overall 50's winner on various occasions but Cliff Hall provided the Canadian opposition to strong US representation. Reg Rollason, Aaron Kazdan and Whitey Sheridan looked the strength of Class 3 (60+)

The race got away to its usual fast start, but the very swift duo of Will and Harris immediately opened a gap on the field. Each time Brian surged, Ray held on to his lead and in this incredible fashion, went through the first lap (218 yds short of 3 miles) in 14 min 20 sec! (and we thought last year's 15.10 was fast). The chasing group now far behind and comprised of all the previously mentioned stars looking for third spot.

Approaching Animal Hill for the second time, Will opened up about 15 metres on Harris and felt he might be breaking away, but before the hairpin bend had the misfortune to turn early across the grass following the press car. Realizing his error he

quickly scrambled back on course now some yards in arrears and, in cursing his luck, bent all efforts to catch up. This he did but Harris now held the lead determinedly and with strong sure running eased away to win a fine race in shattering record time. What would have happened if Ray had maintained his correct route we will never know. Certainly Brian ran his last mile very strongly. Don Sleeman got the best of the chasing group for third spot, whilst further back, Cliff Hall and Reg Rollason won Classes 2 and 3 respectively as expected.

Some masters entered the open 12 mile race and we also had ladies in the open women's 4 1/2 mile race. Unfortunately results have not been forwarded.

## Class 1 (40-49)

1, B. Harris, MC.....29.46.9  
2, R. Will, Newfoundland.29.58.3  
3, D. Sleeman, Anna.....30.54.9  
4, D. D'Addio, Niag.....31.08.4  
5, B. Pakliain, MC.....31.15.4  
6, T. Giblin, WCAAA.....31.19.1  
7, R. Wallingford, Sud.....31.26.7  
8, H. Vanderwol, Sask.....31.51.4  
9, G. Dickson, HAC.....32.02.3  
10, H. Vezina, HAC.....32.06.5  
11, B. Brock, SMRAC, 32.13.7; 12, B. Trudgeion, MC, 32.23.6; 13, J. Johnston, 32.24.5; 14, G. Gonser, Lond, 32.42.9; 15, Bryan, Martindill, HAC, 33.00.2; 16, L. Buck, MTFC, 33.00.7; 17, P. Diesse, 33.01.15; 18, B. Bowman, WCAAA, 33.02.7; 19, B. Ferguson, Camb, 33.14.5; 20, R. Kendall, Belle W, 33.20.9; 21, D. Peeley, MC, 33.26.3; 22, J. Boyle, MC, 33.28.7; 23, A. Vance, Lond, 33.30.2; 24, E. Vanderhevel, 33.34.0; 25, S. Skolik, Burl, 33.40.4; 26, N. Webb, Un, 33.48.0; 27, S. Weatherall, UT, 33.53.0; 28, J. Wallace, UN, 33.58.4; 29, E. Crangle, MTFC, 34.08.3; 30, J. Comyns, US, 34.10.3; 31, P. Kershaw, Lond, 34.16.7; 32, J. Gaskin, Lond, 34.21.5; 33, J. Thompson, Lond, 34.22.2; 34, D. Milne, MTFC, 34.36.4; 35, T. Coyne, K'zoo, 34.46.2; 36, B. Pettigrew, Lond, 34.48.6; 37, B. Wallace, WCAAA, 34.50.1; 38, G. Boyd, Brant, 34.59.3; 39, A. Lynn, YV, 35.29.9; 40, J. Stanworth, Sar, 35.30.2; 41, J. Beeckmans, Un, 35.42.1; 42, B. Oxley, YV, 35.54.9; 43, P. Lafonde Un, 36.03.5; 44, R. Irani, Ut, 36.13.0; 45, B. Van Heuven, Lond, 37.02.1; 46, G. Cunningham 37.07.3; 47, F. Stimpson, AS, 37.07.9; 48, A. Whorwood, WCAAA, 37.11.3; 49, T. Collins, Lond, 37.33.6; 50, D. Dixon, Un, 37.33.6; 51, G. Fenwick, Lond, 37.36.5; 52, B. Martland, Campb, 38.05.6; 53, O. Reaume, Un, 38.15.8; 54, P. Desroches, Mc, 38.17.6; 55, M. Plant, Mc, 38.35.3; 56, G. Gluppe, YU, 38.42.9; 57, F. Stiller, Ham Y, 38.51.7; 58, P. Preston, Un,

39.17.5; 59, D. Lee, Oak, 39.20.8; 60, J. Merritt, Un, 40.09.0; 61, R. McNeil, US, 40.54.9; 62, D. Kubat, Lond, 41.21.3; 63, H. Littleton, Lond, 41.27.8; 64, P. Kerknow, Lond, 41.28.6; 65, H. Sullivan, 41.47.1; 66, R. Turner, Sarn, 41.52.7; 67, C. O'Neil, Un, 42.07.0; 68, I. Murray, Un, 42.23.8; 69, R. Creighton, Un, 42.39.2; 70, K. Grindstaff, Un, 42.39.7; 71, D. Beattie, un, 42.47.8; 72, L. Grosso, Un, 44.09.5; 73, B. Miles, Wind, 46.17.8; 74, J. Collyer, St John's, 47.27.9; 75, P. Gerbais, Wind, 49.20.3.

## Class 2 (50-59)

1, C. Hall, MTFC.....32.48.2  
2, J. Forshee, US.....33.06.1  
3, R. Anspach, US.....33.18.2  
4, M. Nemazi, MC.....33.37.4  
5, J. Reeves, UT.....34.20.5  
6, M. Theodoro, Lond.....34.57.0  
7, J. Morrow, MTFC.....35.38.4  
8, R. Lang, Etob.....36.00.2  
9, G. Pannucia, MC.....36.26.5  
10, I. Barnes, MC.....36.44.8  
11, A. Phillips, MC, 36.52.2; 12, G. Pauling, Lond, 37.12.5; 13, A. Ivan, MTFC, 37.21.5; 14, S. Grooves, Oak, 37.49.1; 15, D. Farquharson, MTFC, 38.22.0; 16, G. Sorge, Un, 38.44.5; 17, R. Lillie, Un, 40.31.2; 18, A. Willis, Lond, 41.16.2; 19, D. Aikenhead, Un, 41.17.3; 20, K. Hignell, MTFC, 41.22.5; 21, J. Harper, Pion, 42.02.8; 22, J. Sullivan, Lond, 42.24.5; 23, A. Woodhouse, MTFC, 42.31.6; 24, A. Obokata, Lond, 42.48.1; 25, R. Inch, UWO, 43.10.7; 26, N. Baum, SC64, 43.20.6; 27, B. Smith, Un, 43.39.3; 28, N. West, Un, 43.52.4; 29, E. Thomas, Lond, 44.25.8; 30, B. Hatherall, Un, 45.18.5; 31, P. Hacker, Brant, 46.8.1; 32, J. Crawford, Un, 49.17.9; Class 3 (60+)

1, R. Rollason, Sar.....37.34.2  
2, A. Kazdan, MTFC.....38.30.6  
3, W. Sheridan, HAC.....39.08.0  
4, S. Smith, MTFC.....38.46.4  
5, M. Dickson, WCAA.....39.50.6  
6, T. Brinkhams, Un.....40.27.2  
7, J. Young, Lond.....43.05.7  
8, C. Kirk, Lond.....43.23.6  
9, A. Philbrick, Lond.....48.16.3  
10, G. Campbell, Lond.....49.57.3

## Team Results

1, Motor City, Detroit USA.....16  
2, Metro Toronto Fitness Club.45  
3, Waterloo CoAAA.....67  
4, York Univ. TC.....167

October 1st  
White Oaks Classic 10km  
Oakville, Ontario

Despite the clashing date with the monster Toronto event, this meet pulled in over 500 runners. The masters section boasted 27 of which results are available for the first 15 only as we go to press.

1, C. Hall, MTFC.....35.21  
2, G. Dickson, 1B, HAC.....35.21  
3, Bowman, 1B, WCAAA.....35.23  
4, B. French, 1A, HAC.....36.17  
5, S. Skolik, 1A, Burl.....36.47

- 6, S. Whitney, 1A, CVTC...37.38
- 7, D. Beatty, 2A, MTFC...37.54
- 8, D. Milne, 1B, MTFC...37.55
- 9, B. Hill, 1b, CRVTC...38.33
- 10, R. Lang, 2A, Etob...38.44
- 11, I. Jamieson, 1B, Miss, 39.40;
- 12, N. Abbott, 1A, MTFC, 40.24;
- 13, K. Massfeller, Burl, 40.31;
- 14, R. Risk, UT, 41.01; 15, R. Bewko, Burl, 41.10.

**October 1st  
Cadet Fun and Fitness Race  
10,000m**

Toronto will never be the same after this history making race. Six and a half thousand runners! Yes, you read it right. They ranged from Paul Bannon and Jerome Drayton the winners through a massive line of many who had not made the turn around the point when the leaders were giving press conferences. Earl Crangle spent months organizing this event and everything went beautifully, the start (the competitors were sorted out by speed) the marshalling, the split times, the finish (with 5 chutes) and the weather (perfect). Surely this will be an annual event (if Earl can stand up to it again that is) but it will be hard to better this memorable first effort.

**Results from Toronto Marathon**

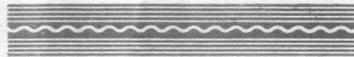
- 1, R. Wallingford, Sud...2.38.21.7
- 2, C. 'hall, CMITT...2.39.49.5
- 3, C. Austin, Toronto...2.44.16.6
- 4, F. Fitzgerald, Oshawa...2.46.51
- 5, J. Reid, Waterloo...2.48.13
- 6, E. Crangle, MTFC...2.51.19
- 7, J. Reeves, UTTC...2.52.19
- 8, D. Mullin, Toronto...2.55.31
- 9, W. Davies, Oak Ridges...2.56.51
- 10, B. Hill, CVMC...2.57.12
- 11, G. Brake, Sudbury, 2.57.36;
- 12, A. Vance, London, 2.59.27;
- 13, B. Oxleey, YUTC, 3.01.01;
- 14, J. Fisher, CMITT, 3.01.13;
- 13, K. Stevens, Toronto, 3.01.53;
- 16, R. Stewart, Thornhill, 3.02.15;
- 17, G. Millar, Montreal, 3.02.28;
- 18, W. Phillips, Laurel, 3.03.33;
- 19, G. Whitton, Agincourt, 3.05.40; 3.05.04; 20, F. Cappella, Midland, 3.0.40; 21, J. Redhead, Toronto, 3.10.41; 22, K. Massfield, Burl, 3.11.00; 23, A. Van Doleweero, Whitby, 3.11.21; 24, B. Pope, MITT, CMITT, 3.13.48; 25, R. Nagal, MTFC, 3.16.48.

**September 3rd, 1978  
Scottish Veterans 6 1/4 Mile  
Road Race**

- 1, J. Barrowman, Gars...36.44
- 2, M. Coyne, Falkirk...37.18
- 3, D. Kerr, Garscube...37.27
- 4, R. Calderwood, Vic Pk...37.39
- 5, D. Wright, B.H...38.07
- 6, J. Brierly, Vic Pk...38.24
- 7, J. Moore, E. Kilbride...38.39
- 8, J. McLean, B.H...39.01

- 9, W. Armour, B.H...39.07
- 10, A. Peden, Paisley...39.33
- 11, A. McManus, Paisley, 39.43;
- 12, M. Morrison, Vic. Pk, 40.20;
- 13, B. Pickling, Springburn, 40.45;
- 14, P. Keenan, Vic. Pk, 41.25;
- 15, C. Forbes, Irving, 41.48; 16, I. McCallum, Paisley, 42.01; 17, A. Forbes, Vic. Pk, 42.12; 18, W. Elder, Scot. Vets, 42.32; 19, H. Ross, Kilbarchan, 42.36; 20, M. Phillips, B.H., 43.38; 21, J. Newbiggin, Edinburgh, 43.51; 22, J. Sweeney, Clydes, 43.53; 23, A. McDonald, Shettleston, 44.01; 24, T. Harrison, Maryhill, 44.07; 25, T. McGeown, Paisley, 44.13; 26, I. Riddell, Greenock, 44.42; 27, J. Hanton, Paisley, 44.49; 28, W. Ross, Garscube, 45.11; 29, B. Farrell, Maryhill, 45.23; 30, T. Monaghan, Maryhill, 45.27; 31, P. Younger, Clydesdale, 45.38; 32, A. Lusk, 45.48; 33, W. McEwen, Vic. Pk, 47.24; 34, D. Greig, 47.30; 35, J. Geddes, Clyde V, 48.11; 36, D. Causon, Garscube, 62.55.

- 1st O/50, C. Forbes
- 1st O/60, A. Forbes



**August 11th, 1978  
Scottish Track and Field  
Championships  
Coateridge**

- 100m. 40-45**
- 1, R. Anderson...12.3
  - 2, J. Ross...12.3
  - 3, A. McManus...13.5
  - 4, W. Elder...14.3
  - 5, I. Riddell...14.5
  - 6, A. Jackson...14.8

- 100m 45-49**
- 1, O. Flaherty...13.5
  - 2, T. O'Reilly...14.1
  - 3, J. Christie...14.2
  - 4, J. Gibson...14.2
  - 5, E. McCrostie...14.4

- 200m 40-49**
- 1, R. Anderson...23.8
  - 2, J. Ross...24.7
  - 3, A. McManus...26.3
  - 4, D. Wilmouth...27.2
  - 5, J. Christie...27.5
  - 6, W. Elder...28.3

- 400m 40-49**
- 1, R. Anderson...53.4
  - 2, J. Ross...57.1
  - 3, A. McManus...58.4
  - 4, J. Hendry...62.0
  - 5, J. Gibson...64.4
  - 6, W. Elder...65.0
  - 7, D. Wilmouth...67.0
  - 8, C. Third...71.8

- 800m 40-49**
- 1, R. Anderson...2.10.3
  - 2, D. Wright...2.11.5
  - 3, D. Kerr...2.13.4
  - 4, J. Hendry...2.17.0
  - 5, T. O'Reilly...2.18.0
  - 6, W. Stoddart...2.21.0
  - 7, D. Clarke...2.25.0

- 8, W. Elder...2.26.0
- 9, H. M. Ross...2.28.0
- 10, A. MacDonald...2.35.0

**1500m 40-49**

- 1, G. Stark...4.21.8
- 2, W. Stoddart...4.29.6
- 3, B. McAusland...4.33.0
- 4, D. Kerr...4.40.0
- 5, C. Arden...4.41.0
- 6, A. Singh...5.02.0
- 7, C. Third...5.02.1
- 8, R. MacDonald...5.28.0
- 9, I. Riddell...5.44.0

**3000m 50 +**

- 1, W. Marshall...9.55.4
- 2, R. Kane...10.12.4
- 3, J. Brownlie...11.17.0
- 4, G. Porteous, 3A...11.26.0
- 6, P. Minchin, 2B...12.08.0
- 6, J. Geddes, 2B...12.29.0
- 7, J. Cascarina, 2B...13.00.0
- 8, D. Causon, 2B...13.49.0

**3000m 40-49**

- 1, W. Stoddart...99.20.3
- 2, G. Stark...9.41.5
- 3, D. Kerr...9.47.0
- 4, R. Calderwood...9.54.0
- 5, D. Wright...9.55.0
- 6, G. Dickson...10.00.0
- 7, J. Moore...10.09.0
- 8, A. Singh...10.21.0
- 9, C. Arden...10.35.0
- 10, B. Graighead...10.44.0
- 11, W. Trotter, 10.51.0; 12, H.M. Ross, 10.56.0; 13, B. Fickling, 11.00.0; 14, C. Third, 11.21.0; 15, A. MacDonald, 11.27.0; 16, W. Elder, 1.46.0; 17, J. Gibson, 12.10.0.

**Discus — All Groups**

- 1, G. Shoemark, 1A...37.60
- 2, J. Drummond, 2A...34.00

- 3, D. Morrison, 3A...20.60
- 4, I. Buchan, 2A...18.52
- 5, T. O'Reilly, 1A...17.78

**Shot Putt — All Groups**

- 1, G. Shoemark, 1A...12.06
- 2, J. Drummond, 2A...9.97
- 3, H.M. Ross, 1A...7.08
- 4, R. MacDonald, 1A...6.53
- 5, T. O'Reilly, 1A...6.32
- 6, I. Riddell, 1A...5.46
- 7, D. Causon, 2B...5.38

**Long Jump — All Groups**

- 1, J. Christie, 1B...4.69
- 2, H. Smith...4.65
- 3, I. Riddell, 1A...3.95
- 4, D. Causon, 2B...3.66
- 5, T. O'Reilly, 1A...3.59

**100m 50 +**

- 1, H. Smith...13.5
- 2, I. Steedman...13.6
- 3, J. Cascarina...16.1
- 4, J. Brownlie...16.1
- 5, J. Hanton...16.6
- 6, J. Geddes...17.7

**800m 50 +**

- 1, I. Steedman...2.32.5
- 2, B. Bickerton...2.38.4
- 3, D. Morrison, 3A...2.41.2
- 4, J. Hanton, 2B...2.50.4
- 5, T. Monaghan, 2B...2.56.6
- 6, J. Cascarina, 2B...3.02.1

**1500m 50 +**

- 1, W. Marshall...4.41.5
- 2, R. Kane...4.51.5
- 3, D. Morrison, 3A...5.26.2
- 4, G. Porteous, 3A...5.30.0
- 5, J. Hanton, 2B...5.40.0
- 6, T. Monaghan, 2B...5.51.0
- 7, J. Geddes, 2B...5.53.0
- 8, J. Cascarina, 2B...6.03.6

**Readers please note that the deadlines for next month's editions are:—**

**R.A.C.E. Editorial December 8**

**Advertising December 8**

**Veteris Editorial December 5**

**Advertising December 5**

Please ensure that your copy reaches us by the above dates.

# Merry Christmas to all our Readers



On behalf of all R.A.C.E. and Veteris staff, I would like to take this opportunity to thank all of our readers, contributors and advertisers for supporting us during the last twelve months. It is most heartening to know that so many people enjoy reading our magazines. From all of us at R.A.C.E. a very Happy Christmas and a fit and healthy New Year.  
**ERNIE BARRETT**



The directors and staff of **R.A.C.E. and Veteris magazines** wish all their readers and advertisers a very Merry Christmas and a prosperous New Year.



**It's the  
Season  
to be Jolly**

**Norman Walsh and his staff of Norman Walsh Ltd., 20, St. Helen's Road, Bolton, Lancs.**  
 Wish their customers a Happy Christmas with good health and good fortune in the coming year.

**Mr. Lane and staff of Spoga Sports, 58, Station Lane, Upminster, Essex. Tel. 040 22 29290.**  
 Greetings for Christmas and best wishes for the New Year to all their customers.

**Stan Eldon Sports, St. Martin's Centre, Church Street, Caversham, Reading.**  
 For complete range of sports and athletic equipment, wish all his customers a Merry Christmas.

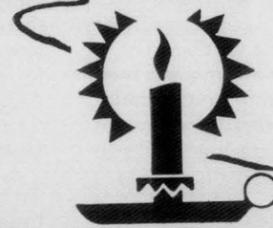
**Bernie Plain, Tony Davis and staff of Bernie Plain Sports, 6, Four Elms Road, Roath, Cardiff. Tel. 0222 492520.**  
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**Stuart Easton of Runsport, 23, Hillview Drive, Bridge-of-Allan, Stirlingshire. Tel. 0786 832657.**  
 Wishes his customers a Merry Christmas and a very Happy New Year.

**Vince Regan's Marathon Sport's** wish all season's greetings (Thanks for your valued custom). See page 27.  
**Vince**

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 Wish all their customers a very Happy Christmas and all the best for 1979.

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**The management and staff of Four Seasons, 115-117, Northumberland St., Newcastle-upon-Tyne, Durham. Tel. 0632 26452.**  
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**Merry Christmas and a Happy Running (or Jogging) New Year from Mel Batty 33B, Lodge Lane, Grays, Essex.**

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**The directors of Flintbarn Ltd** wish all readers of R.A.C.E. and Veteris a Merry Christmas. Make sure you have a good New Year too by obtaining your copies of the 1979 Athletes and Joggers Training Diaries, detailed on page 7.

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**The staff of Tobi Sports** wish all the readers of R.A.C.E. and Veteris a Happy Christmas and best wishes for 1979.  
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 See page 5



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## DECEMBER

### Saturday 2nd.

Phil Emberton Memorial 15kms. Battersea park, walk — 1.30pm  
 Ross Shield Road Race. Tiverton. Culdrose 5.  
 Steyning AC 12kms and Boys races — 2pm.  
 Metropolitan WC Open 15kms. Battersea walk.  
 Surrey WC 6 miles. Walk  
 Southern Counties (UK) Coaching courses. Plymouth.  
 Final Midland Winter League Walks. Sutton Park.  
 Yorkshire Bank Cross-Country Relay. Meanwood Park, Leeds.  
 3rd Gwent Cross-Country League. Swansea.

### Sunday 3rd.

Barnsley Marathon (inc ladies) — 12 noon.  
 District Line Championships. Wembley walk.  
 National Womens Championships. Melksham. Walk.

### Wednesday 6th.

London Vidarians Floodlit 5kms. Carshalton walk — 7pm.

### Saturday 9th.

Cambridge Harriers Open 10kms. Bexley walk.  
 Whitbread 5. Alaxendra Park, Portsmouth.

### Sunday 10th.

Helston to Cambourne ½ marathon.

### Wednesday 13th.

S.A.A.A. 5,000m Track walk. Crystal Palace.

### Saturday 16th.

Gospord Open 10kms walk.  
 Westward league Cross-Country. Exeter or North Devon walk.  
 North London Clubs 7 miles. Chigwell.  
 Hogs Back 10 (inc ladies) — 2.15pm.  
 S.G.B. Cross-Country Relays. Morden Park.

4th Westward League. Minehead.

### Sunday 17th.

Norfolk Olympiads AC Rowntree Mackintosh Cross-Country — 12.30pm.  
 Newport to Tredegar 22 miles. Newport Civic Centre — 12 noon.

### Saturday 23rd.

Ilford AC Open 10kms walk. Chigwell Row.

### Tuesday 26th — Boxing Day.

Brighton Boxing day 5½ miles and boys/junior women and womens walk. Preston Park.

### Saturday 30th.

Inter Club 7 miles walk. Wimbledon.  
 Blackheath Harriers Vets Inter Club. West Wickham.  
 Belgrave Inter Club 7 miles.  
 Cambridge Harriers 10kms and boys/junior women and womens walks.  
 Steyning 15kms and boys/youths/ junior women and womens walks.

### Sunday 31st.

Cardiff 1900 road races. Cardiff — 2pm.  
 City Invitation 5kms and womens 3kms walks.

### AMESBURY SPORTS COUNCIL in co-operation with Salisbury AC 2nd Annual SALISBURY PLAIN 15 ½ MILE ROAD RACE

(under A.A.A. laws)  
 Sunday, December 3rd — 1.30pm  
**Prizes:** 1st 3 inds, 1st 3 vets O/40, 1st 3 vets O/50, 1st 3 locals.  
**Entry Fee:** 40p (no team fee), 50p on the day from J. K. Pycroft, 25 The Drove, Amesbury, Wilts

### BEXLEY BOROUGH AC

Jackson's sponsored

### ERITH 6 and NEW YEARS DAY ROAD RACES

(under A.A.A. & W.A.A.A. rules)  
 6 miles Vets, Men, Ladies  
 3 miles Boys 14/15, Youths 16/17  
 2 miles U14 Colts, U15 Junior ladies  
 Ages at 31/8/78

**Entry fees:** Vets, Men, Ladies, Youths 30p ind; Junior Ladies, Colts, Boys 15p ind. No team fees (4 run, 4 score). R. Sawyer, 34 Park Crescent, Erith, Kent.  
 S.A.E. for ack. Closing date December 18th.

### MICHELIN ATHLETIC CLUB

11th Annual Cross-Country Relay Race for Senior Men (4 x 2 miles)  
 (under A.A.A. laws)

**Saturday January 20th — 3pm**  
**Sports Centre, Rosetree Avenue,  
 Trent Vale, Stoke-on-Trent**

**Entry Fees:** £1.00 per team of four. (Cheques and P.O. made payable to Michelin Tyre Co. Ltd., teams to be declared on day. Enclose S.A.E. for reply.

To:— Mr. J. P. Nolan, Michelin AC, 7 Kendal Place, Clayton, Newcastle, Staffs ST5 3QT. Tel. 0782 625726.

### GUILDFORD & GODALMING AC 21st HOGS BACK ROAD RACE

(10 miles)

### 3rd Ladies Race

(10 miles)

Sponsored by Carnation Foods  
 "Build Up"

**Saturday December 16th — 2.15pm**

**Prizes:** Men: 1st 6, 1st 4 teams (6 run, 3 score). Ladies: dependant on entry.

**Entry:** 50p, teams 50p to Ron Tidman, 'Sandness,' The Close, Godalming, Surrey GU7 1PQ by **December 6th.**

**Woking 10 — Feb 24th, 1979**

### METROPOLITAN POLICE ATHLETIC ASSOCIATION

38th Annual

### OPEN ROAD WALKS

11,000m for men; 5,000m for ladies (under AAA, WAAA & RWA rules) from

**Imber Court Sports Club  
 East Molesey, Surrey.**

**Sunday, January 14th — 2pm**

**Prizes:** 1st 3, 1st 3 teams (4 to score). Ladies 1st 3.

**Entries 30p ind, 50p team to D. Fotheringham, 218, Fullwell Avenue, Ilford, Essex IG5 0XR. Tel. 01-550 0613 by December 30th.**

### NEWLAND PARK ROAD RELAY (6 x 2 ½ miles)

(under A.A.A. laws)

For the Eric Shaw Memorial Trophy also

**Youths straight 2 ½ mile race**

for the Playwell Sports Trophy

**Saturday February 3rd, 1979**

**Entry forms from:** Ian Hoube, Newland Park College, Chalfont St. Giles, Bucks.

### CITY OF LONDON

### NEW YEAR ROAD RACE

**MEETING — JANUARY 1st, 1979**  
 Promoted by the Essex area of the Road Runners Club assisted by and in conjunction with the British Milers Club and the Race Walking Association.

Commencing sharp at 1pm from London Wall, Route 11, London EC2.

10 miles open road race for men and ladies — entry 40p — no extra for teams (max 6 to run and min 3 to score in each team entered). 3½ miles open road race for men and for ladies.

5,000m walk for men and 3,000m walk for ladies under the auspices of the Race Walking Association, please contact Reg Wells at St. Albans (09273) 78712 or other RWA officials.

1 mile race for boys and for youths, also 1 mile race for senior men and for junior men under the auspices of the British Milers Club, also 3,000m race for senior ladies. For the above three events please contact Neville Taylor at 01-560 5504 or other BMC Southern Area officials.

**Closing date for the above events December 14th, 1978 to Reg Jacobs, 123 Coxtie Green Road, Nr. Brentwood, Essex.**



# LETTERS

Dear Sir,

In June last a letter of mine, written some weeks earlier was published in the Athletics Weekly (June 17th), which contained some criticism of the way veteran athletics is organised in this country. In fact I claimed that it could hardly be said to be organised at all!

At the beginning of July I found myself in Jack Fitzgerald's party for the 25kms road race at Brugge. It seemed to me on first meeting Jack at Victoria Station that his manner was a little cool, though I felt that his mind must be preoccupied with many things more important than my insignificant self. However, as things turned out, 2 days later I found myself sitting next to Jack at the evening banquet following the race, and it became unmistakably clear that my insignificant presence was causing both Jack's digestion and his capacity for conversation some problems.

Since I had hardly seen, still less spoken to, him before this weekend in Brugge, it did occur to me that perhaps my attempt at stimulating the veteran movement into some sort of co-ordinated and directed activity had not been everywhere very well received. Not wishing to end what had hitherto been a very enjoyable and refreshingly well organised weekend on a jarring note, I adopted a very apologetic and conciliatory manner toward Jack, taking upon myself responsibility for every kind of sin, both real and imagined. However, I did continue to press the point that when certain events take place which allegedly concern all veteran athletes — and a large section of the veteran athletic community (including at least one of the best veteran runners in the country) does not get to hear about them until it is too late to do anything, then there is a 'communication problem.'

What came out of our rather agitated 'discussion' was that, if I wanted to know at any time what was going on, I should write to someone in the know. For some reason which I cannot quite remember, I came away from Brugge with the impression that Jack Heywood was the man to write to, and, within a day or two of my return, this I did. My letter was again couched in apologetic, conciliatory and, I hope, friendly terms — and requested that I, and my Cambridge and Coleridge colleagues be kept informed of what was happening, and when and where. The letter sent nearly two months ago has so far received no reply. Furthermore, at the Belgrave '20' which we both saw in South London shortly after Brugge, an attempt on my part to exchange a few friendly words with the aforementioned Mr. Fitzgerald met with no success at all!

Well, I have now tried several approaches to these men in charge of veteran athletics, ranging from mildly aggressive to the anxiously friendly — and none of them seems to bear any fruit. And yet, on page 18 of the September issue of your magazine, Jack Fitzgerald writes, "Very few of the younger vets are coming forward to accept office at both national and area A.G.M.'s."

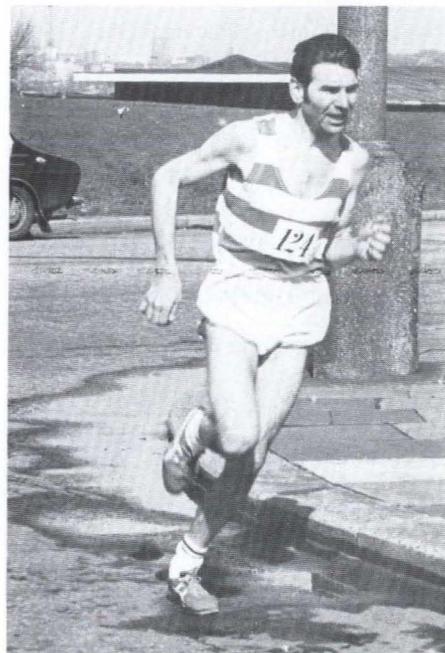
He goes on to depreciate criticism which is, "Inconstructive and has the facts wrong," and admits to being, "Depressed by the ignorance of the basic principles of our constitution, which indicates a lack of communication (sic)."

Indeed, lack of communication there certainly is — and, as a direct result, all round ignorance. But, in my experience, both seem to stem directly from the movements leadership. It is not the B.V.A.F. 'secretary's' job to make such criticisms as these — but rather to do something about them. Since no reasonable approach, provocative, friendly or otherwise, (I have yet to try the submissive one!) seems to please Messrs. Fitzgerald or Heywood then perhaps only complete silence will satisfy them?

Since I have so far been pressed to find any good words to say about these two organising stalwarts of the veteran movement, some people may wonder why I bother. "Just run your

aces and forget about them," would seem to be a sensible approach. However, in the only 4 or 5 years since I started running, I have come to believe in the healthful and beneficial aspects of the activity, that I am unable to accept that anyone who runs as persistently, and well, as Messrs. Fitzgerald and Heywood can be totally beyond redemption. In fact I think that at heart they must be really quite sound chaps — if a little head strong, and I continue to hope that some approach on my part will ultimately meet with more success. Anyway, I am still trying.

**Mike Etherton**  
(Cam & Col A.C.)



Dear Sir,

With reference to your September edition page No. 29, the photograph shown is that of Dave Welch of Harrogate A.C. and not of R. Carruthers as stated. I have attached a photo of myself if in fact you wish to use it in future publications. May I as a regular subscriber to Veteris congratulate you for the excellent coverage which you give to the veteran side of athletics.

**Ray Carruthers**  
Gosforth H & A.C.

Dear Sir,

I am writing to thank all the veterans who went to the first European Games. Thanks also to those taking part and helping to make the stay in Italy so enjoyable.

Thanks again, I hope to see most of you again in Germany next year.

**Mrs. Yvonne Miles**  
Bournemouth A.C.

Dear Sir,

I have read with some interest the spotlight on Sylvester Stein by Wilf Morgan, and appreciate the effort and enthusiasm Sylvester has for our sport, but I have an issue and disagreement with him, if he is quoted correctly he is in favour of banning South African veterans from competing in athletic competitions.

I believe he is entirely wrong in this attitude and if he or any other veteran athletes are so concieted as to feel that our way of life is so superior to our brother athletes in South Africa, then we should accept their participation in our competitions, and show them and demonstrate our (superior?) way of life, and hope by our example and precept that we can change the way to which Sylvester objects.

I object to the stench and filth of politics being used in our sport to seperate brother athletes, if we are so

perfect (?) we owe an example to our brothers and friends the world over, I am sure that no golfer would object to that fine South African Gary Player playing golf in this country, his ability as an athlete and his method of preparation for golf competitions by regular running, physical training, and eating and drinking as an athlete, are an example which we could all follow, he is fine example of a dedicated athlete.

Perhaps now that Sylvester has made known his objections, he will have the courage to consider and change his way of thinking, furthermore, I believe he is Vice Chairman of the British Veterans Athletic Federation, and he should hold these views of condemnation, but be more charitable towards those he believes to be in error.

F. H. Wedgbury

Dear Sir,

In view of what I believe to be a

somewhat substantial improvement in the Veteris format, in the past two editions I've changed my mind about not taking the magazine and enclose £3.75 for another six copies. Perhaps it was the front cover photo of Ted and Jack Flower and latterly, Derek Funnell, that swung my decision. Incidentally, you comment re my apparent aversion to advertising as a means of obtaining revenue caused me to smile as I have been buying Runner's World for several years (from Chris Brasher's Sweat Shop) and have you had time to count the adverts in R.W.? Perhaps I'm being a bit unfair in comparing Runner's World with Veteris, as the American magazine has been going for twelve years and I see no reason why Veteris shouldn't improve. Runner's World is a great 'runners' magazine.

All the best!

John Walker

# World's best Veterans road racing championships 1979

**THE 10 KILOMETRE** race will be held over a one lap course, slightly undulating, on Saturday afternoon, July 21st. The changing facilities will be at Dean Base School, and it is on the playing fields of this school that the race will terminate.

The 25kms race will be over a two lap course on Sunday morning of July 22nd. The first lap will consist of a 5 kilometre detour round quiet country roads, but including one reasonable hill, then into a section of the 10 kilometre course, making a distance of 15 kilometres for the first lap. The second lap will be as the 10 kilometre lap on the Saturday again, finishing on the school's playing fields adjacent to the dressing rooms. Arrangements are in hand to house most of the expected 2000 competitors and their families in the luxurious accommodation at Manchester University. This will be better than first class hotel accommodation for athletes, containing as it does, first class gymnasia, swimming pools and 3 large dining halls. Travel arrangements from the University into Bolton by shuttle service coaches are also well in hand. A further shuttle service

will be implemented to and from Manchester Airport.

During October, visits have been received from Arthur Lambert, the German President of I.G.A.L. and Vice-Presidents Hideo Okado, (Japan), Jaques Serruys (Belgium) Brian Dougherty (England, and Walter Ross (Scotland). All have expressed satisfaction at Jack and June Haslam's excellent hospitality, course and accomodation. Bolton Council have also been extending their hospitality with civic receptions to all visiting delegates.

With Mike Freary already a vet and Ron Hill joining the fraternity early next year, local interest is already assured. Promises of the old Hill-Gaston Roelants duels of the 60's are but one of the mouth watering goodies to look forward to. It is also hoped to entice the great Emil Zatopek of Czechoslovakia for the occasion, what a reception he would receive from his many British admirers. We must, of course, wait and see, but no opportunity will be missed by the wily Jack Haslam to attract the greatest long distance veteran field of

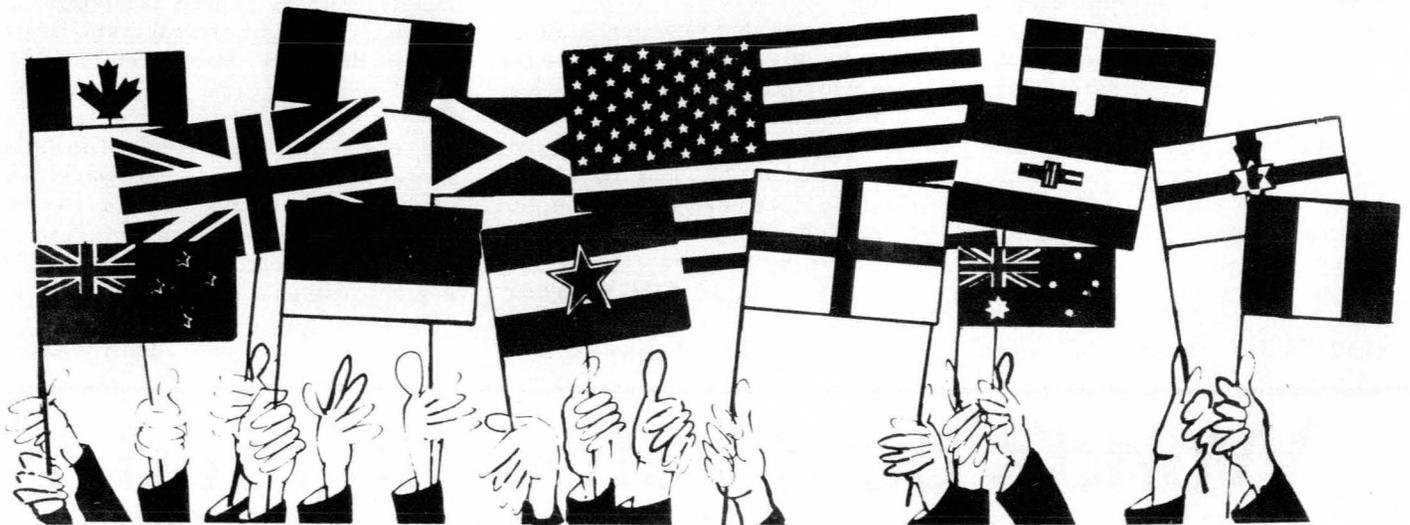
all time. Certainly the organisation is capable of handling it.

Obviously with the Worlds Veteran Track and Field Championships due to start in Hanover on July 27th, many of the non-European vets will be able to compete at Bolton before moving on there. Ben Richardson of Canada and Wal Sheppard of Australia have already announced their intentions of bringing their touring parties over to Bolton, and it is anticipated that Bob Fine will do likewise with his U.S.A. party.

Jack Fitzgerald

\*\*\*\*\*  
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# WORLD RESULTS



## Over 450 compete in National A.A.U. meet at Atlanta

Over 450 veteran men and women athletes over age 30 competed in the 11th annual National AAU Masters Track and Field Championships in Atlanta, Ga., July 7-9, 1978.

The number of participants was the second largest in the history of the national championships, topped only by the 615 at White Plains, N.Y. in 197, which included many foreigners on their way to Toronto for the first World Championships.

The 1978 meet was a professionally run event, skillfully handled by the experienced Atlanta Track Club and sponsored by the Occidental Life Insurance Company of North Carolina.

Co-chairman John Bevilaqua and Ken Kirk laboured long and effectively to provide the participants with a very enjoyable weekend of competition. Meet director Paul Koshewa, a guiding force behind Southern track

and field for over 25 years, and his dedicated crew of volunteers kept exactly on schedule, a welcome change from the usual one-to-two hour delay of many meets. The track events went off virtually without a flaw. The field events were a bit scrambled, due mainly to the throwing of the javelin and hammer across the running track. Fortunately, no one got a hammer in the ear or a javelin in the chest, and the events proceeded normally.

The heat hovered at 95 degrees at Atlanta's Lakewood Stadium both days and the humidity was near 100. This may have slowed some of the distance runners, but a few new records were nevertheless set in the middle distances.

Ernie Billups, a new face in the Masters programme, came out of Chicago where he had dominated the

Midwest Regional to set a new American mark in the age 40-44 800 metre run. His 1.57.5 nipped a tick off the old standard of 1.57.6 set by California's David Pratt at the national championships in San Diego in 1973 (Pratt by the way is back in form. Now 46 he won the Western Regional 800 in a good 2.04.1, but did not compete in Atlanta).

Ray Gordon of Forrestville, Md., and the Potomac Valley Seniors Track Club, set a new American age 60-64 record of 2.21.6 in the 800 topping the 2.23.1 set in 1974 by Bud Deacon of Honolulu.

Mary Czarapata of New Berlin, Wis., won the women's 40-44 age division, including a new record 2.26.1 in the 800 breaking her own mark of 2.30 set in the national championships in Chicago in 1977.

Nat Heard of Marion, Mass.,

established a new world mark in the 60-64 Shot at 53ft 9½ins., topping his own three-month-old standard of 51ft 5 ins.

The team scoring title was won by the powerful Corona Del Mar Track Club of Southern California. With the 10-8-6-4-2-1 point system, the Atlanta Track Club used its depth to finish second. The Potomac Valley Seniors took third with the Southern California Striders fourth.

The meet provided several memorable races: Jim O'Neil and Pete Mundle raced together for 24 laps in the 50-54 10,000 metre run. On the last lap, Mundle opened up 10 metres and seemed to have the race in hand until O'Neil put on a burst down the straight to win by a nose in 34.46.

Mary Czarapata and Nancy Parker raced literally shoulder to shoulder throughout their 5000 metre run, with Parker confidently running on the outside on the turns. The outcome was in doubt till the final yards as both runners sprinted the final 200, Czarapata winning at the wire, 19.36 to 19.37.

Ray Adams of Washington, D.C. a triple winner in the 1977 National Championships in Chicago, met John Sanders of Drexel Hill, Pa., the 1978

North American 400 champion, in the finals of the 40-44 400. Sanders opened up a narrow lead coming off the turn as Adams slowly closed the gap. Both crossed the line in 51.0 with Adams getting the nod in a tremendous race.

Hilliard Sumner of Woodland Hills, Calif., gained revenge for his loss to Richard Harris of Sacramento in the 30-34 Western Regional 400 by nipping Harris at the tape in an outstanding 49.1 for both runners.

Sid Madden and Harold Chapson brought the crowd to its feet with a stirring duel in the 1500. Although Madden competes in the 70-74 division, they were running in the same race. Both were assured of gold medals in their respective divisions, but they have a personal ongoing rivalry. Neither like to lose to the other. Madden dogged Chapson's pace for 3½ laps and began to pass Chapson with 50 metres to go. But Harold dug in and held on as Sid gave it his best shot, barely catching himself from falling at the tape. It was a great race. Chapson clocked in 5.43.5 to Madden's 5.44.5.

As always in the national championships, outstanding performances were commonplace. By divisions:

30-34, Ben Wilson of Earlsyville Va., dominated the competition with three outstanding efforts. Wilson won the 1500 in 4.00.7, the 5000 in 15.27 and 10,000 in 31.30 to become one of a handful of triple gold medalists in the games. Ron Whitney of San Antonio, Texas, was a double winner in the 100 (10.6) and 200 (21.7). In addition to his 400 win, Sumner took thirds in the 100 (11.3) and 200 (22.5) and 5th in the 800 with a versatile 1.58.0.

35-39. Walt Butler of Altadena, Calif, won three: the 100 (10.9) 200 (22.4) and 110 hurdles (14.4). Lew Faxon of Hampton Va., took both the 1500 (4.14.4) and 5000 (15.53). Gary Carr of St. Louis won the 800 in 1.55.6 while Tom O'Hara of Pittsburgh topped a good 400 field in 50.7.

40-44. East met West in two classic matchups in the 100 and 200. Lloyd Riddick of New York City, a 400 relay gold medalist in Sweden and 5th place place finisher in 100 there, faced Ken Dennis of Los Angeles, who was unable to make the trip to Sweden but who had been burning the California tracks for two years. Complicating matters was the presence of Swedish silver medalist James Rabie who had flown 9000 miles from South Africa to participate, not to



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002	0:00:49.3
	0:01:37.6
003	0:00:46.9
	0:02:24.5
004	0:00:46.0
	0:03:10.5

CHRONOMIX	
EVENT	HEAT
001	2:00:06.7
002	2:00:20.4
003	2:00:32.1
004	2:00:35.8
005	2:00:37.2
006	2:01:03.5
007	2:01:09.8
008	2:01:09.8
009	2:01:46.5
010	2:02:18.8
011	2:02:41.8
012	2:03:02.9
013	2:03:16.1
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016	2:03:44.3
017	2:03:51.8
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mention Arnold Budd of New York, another 400-relay world gold medalist.

Dennis settled the issue quickly, drawing out to an impressive 10.8 victory as the best in the West beat the best in the East. Riddick was 2nd in the 11.2 with Rabie 3rd in 11.4 and Budd 4th in 11.5.

In the 200, Riddick tried valiantly to stay with Dennis but succumbed as Dennis won again in 22.5. New Yorks Clif Bertrand closed for 2nd in 23.1 with Rabie 3rd in 23.1 and Riddick fourth in 23.2.

The 400 metre competition was fierce. American record holder Gary Miller of North Hollywood (50.8) didn't make the trip, unfortunately, nor did Honolulu's Fred Kjer, who had upset Miller in the Senior Olympics in Los Angeles in 50.9. Yet the calibre was so high that 1977 runner-up and Sweden finalist Bob Lida of Wichita, Kan., was eliminated in the semi finals with a 53.2 comparable to his 1977 effort of 52.8.

As mentioned, Adams edged Sanders in 51.0 with 800 and 1500 metre champion Ernie Billups 3rd in 51.1 and South Africa's Miloje Grujic 4th in 51.9

Billups dominated the 800 and 1500 whipping Canada's Hike Van Der Wal in the 800 and South Africa's black Johann Metsing in the 1500.

Metsing, the Pan-American Games Champion and the only black ever to compete outside the African continent, according to the reports, easily won the 5000 (15.58) and 10,000 (32.28) slightly slower than his winning 1977 efforts (15.49 and 32.57).

Al Henry of Carson, Calif., won the 100 hurdles in 15.1 and Bertrand took the 400 hurdles in 60.1. (The hurdles heights were set at 33ins for the 40-49 groups and 30ins for the over-50's. These heights were agreed upon the meeting as being better suited to Masters competition, that more participants could be encouraged to compete if the levels were lower. However, all age records are presently kept at the international heights of 36ins for the 40's and 33ins for the 50's. So confusion is sure to result, but it may work itself out in time.) Hal Smith of Tarzana, Calif., won the shot in 42ft 8ins and Tom Langenfield of Minnesota took the high jump in 6ft.

The most well-known performer in the meet won the discus in the 40-44 category. Four time Olympic champion Al Oerta was on hand as he tunes up for another go at an Olympic medal at Moscow of 194ft 3ins., topped his

winning Olympic marks in 1956 (184ft 11ins) and 1960 (194ft 2ins).

45-49. George Vernosky took track honours in this division with three impressive wins in the 1500 (4.23.2), 5000 (16.43) and 10,000 (33.43). Danie Burger from South Africa, the Pan-American hurdle champion and silver medalist in the 40-44 division in Sweden won both hurdles in 15.7 and 58.3. Two time Olympic silver medalist (1956—100—10.5 and 1952—200—20.8) Thane Baker of Dallas, Texas, easily won the 100 in 11.3 and 200 in 23.4.

In May, Baker set a new world 45-49 mark with a clocking of 10.0 in the 100. Hans Bruhner of Concord, Calif., reaffirmed his 1976 national championship to win the 400 in 53.5, while Connecticut's Tom Connelly took the 800 in 2.06.1. Dagoberto Conazalez won the shot and discus while Dave Jackson prevailed in the triple jump.

50-54. As usual, the great Jack Greenwood of Medicine Lodge, Kan., dominated this division but he was upset in the 100 by Ed Schuler of St. Petersburg, Fla., 11.7 to 11.8. The only races that Greenwood has lost, to the best of our knowledge, in this age group in the past several years have been this meet—last year in the 100 to Bob Wantanabe and this year to Schuler. Greenwood successfully defended his championships in the 200 (24.1), 110 hurdles (15.3) and 400 hurdles (60.7) but passed up the 400 after qualifying in the semifinals. New York's Buddy Valentine won the 400 in 54.5.

Awesome is the word to describe the 800 and 1500 as Dean Smith of Lombard, Ill., and Kelsey Brown of Andover, N.J., traded victories. Smith, the gold medalist in the World Games in Sweden, and defending 800 national champion, improved on his Swedish performance (2.05.7) to win in 2.04.0 to Brown's 2.06.9. The time approached Bill Fitzgerald's world mark of 2.01.1 for over 50's. Fitzgerald, by the way, is plagued with back troubles and is not competing this year. In the 1500, Brown evened the score with an excellent 4.26.7 to Smith's 4.29.3.

O'Neil won the 5000 in addition to the 10,000 in 17.04 in very humid conditions, as Mundle was forced to pass up a chance to reverse their 10,000 battle due to leg injury.

Shuler also won the triple jump; Hal Wallace of California took the pole vault in 10ft 6ins and Jay Wallace the high jump. Bill Walmroth won the shot and discus.

55-59. Jerry Morrison was yet another impressive triple gold medal winner as he handily won the 1500 (4.40.4), 5000 (17.13) and 10,000 (35.38.8). The Parkeville, Mo., veteran narrowly missed Leon Dreher's American 55-59 record of 35.37.2 in the 10,000. Dan Aldrich and Dave Brown of California won the discus and triple jump respectively. Burl Gist of California took the high jump. Another Californian, Bob Hunt, of Anaheim won both hurdles in 17.6 and 68.8. South Africa's Harry Lampert notched the 800 in 2.17.8. Richmond Morcom of Philadelphia who usually dominates this division is reportedly injured and did not compete.

Jim Upham of Manhattan, Kan., swept the sprints with three wins in the 100 (12.7), 200 (26.3) and 400 (58.2). University of Southern California track and field coach Vern Wolf won the pole vault in 10ft 6in.

60-64. Gordon, besides setting his 800 record of 2.21.6 won the 400 in 59.4 and 1500 in 5.04.1. The 400 was only three ticks off Russ Niblock's world mark of 59.1 and one of the few times in history that a 60-year-old has broken one minute in the one-lapper. Al Guidet of California City, Calif., won four events in this division: the 100 (13.2), 200 (27.5), 110 hurdles (17.9) and 400 hurdles (73.1) and took seconds in the 400 (62.2) and long jump.

Tom McDermott of Madison, Conn, won the hammer and discus; Bill Morales of Santa Ana, Calif., took the long jump (15ft 11¼ins.) Jim 'Ole' Oleson of Santa Monica, Calif., garnered two golds in the 500 (18.59.6) and 10,000 (39.47).

65-69. Consistent Bill Andberg of Anoka, Minn., was a double winner in the 800 (2.30.2) and 5000 (21.12) but passed up on the 1500 due to leg troubles. Bob Boal of Wake Forest, NC., annexed the 10,000. Honolulu's Bud Deacon won the 400 hurdles and pole vault. Harry Koppel of Belmont, Calif., won the 100 (13.2) and 400 (67.1). In June, Koppel set three world marks in the 65-69 age group: 100 (13.0) 200 (27.7) and 400 (64.0). Fred White of Duncanville, Texas, laid claim to the outstanding-athlete-of-the-division honours with three firsts—in the 200 (28.1), long jump (5ft 4ins) and triple jump (30ft 2ins).

70-74. Manny D'Elia of Ridgewood, NJ., took the 100 (14.6) and 200 (30.1). Paul Fairbank of Bethesda won the 5000 (22.6) and 10,000 (48.44). Sid Madden won the 800 in 2.43.4 and 1500 in 5.44.5. Win

McFadden of San Diego won four: 110 hurdles (26.5) high jump (3ft 8ins) long jump (12ft 4ins) and triple jump (27ft 4½ins).

75-79. Ubiquitous Herb Anderson of Bellevue, Colo., prompted an observer to suggest renaming this category the 'Anderson division' as he notched 10 victories, sweeping the field events, hurdles and 100. Honolulu's Harold Chapson picked up four golds in the 200, 400, 800 and 1500, while Lou Gregory of Pensacola, Fla., a six time national open AAU 10,000 metre champion from 1929 to 1943, won the 500 and 10,000.

Women. There were several fine

performances in addition to Czara-pata's record. About 35 women entered the meet, and hopefully that figure will quadruple in 1979. Czara-pata won the 800, the 1,500 in 5.13.0 and 5000 in 19.36 in the 40-44 age group.

Carol Brockman of Kansas City won the 1500, 10,000 and long jump in the 35-39 group. Shirley Dieterich of Berkeley, Calif., won the 100 (16.2) 200 (34.7) and 400 (82.5) in the 50-54 competition. Mimi Gerrard took the 100 (13.0) and 200 (28.2) in the 35-59 division and placed 2nd in the 400

(63.0) and '800 (2.33.3).

Miki Hervey of Dallas impressed with a 60.6 to win the 35-39 400 and 2.22.2 to take the 800. Honolulu's Noel Murchie won the 10,000 in the 40-44 division in 43.28.4. New York's Dorothy Shippen won the 30-34 100 in 13.7 and 200 in 29.2.

National AAU Masters Chairman Bob Fine reported that Gresham, Ore, had submitted an official bid to host the 1979 championships. Also interested are Dallas and Kansas. At the annual meeting after the banquet, the group voted to hold the national meet over the 4th of July weekend.

#### 100 Metre Dash

##### Men. 40-44.

1, K. Dennis, CDM.....	10.8
2, L. Riddick, NY Pioneers.....	11.2
3, J. Rabie, UNA.....	11.4
4, A. Budd, NY Pioneers.....	11.5
5, R. Diaz, Seniors TC.....	11.9
6, N. Newton, S Cal Str.....	11.9
<b>45-49.</b>	
1, T. Baker, Seniors TC +.....	11.3
2, B. Springbett, N Cal Str.....	11.6
3, R. Messersmith, CDM.....	11.8
4, H. Hitt, Portland TC.....	12.0
5, T. Nasralla, Seniors TC.....	12.1
6, J. Poppell, UNA.....	12.3
+ - US record	

##### 50-54.

1, E. Schuller, Tampa Bay.....	11.7
2, J. Greenwood, UNA.....	11.8
3, O. Dawkins, Seniors TC.....	12.2
4, R. Watnabe, Seniors TC.....	12.2
5, R. Jacobs, UNA.....	12.6
6, B. TOber, PVSTC.....	13.1
<b>55-59.</b>	
1, J. Upham, KSU Manhatt.....	12.7
2, R. Hunt, S Cal Str.....	13.0
3, M. Goldsmith, UNA.....	13.2
4, J. Tuttle, UNA.....	13.6
5, R. Spencer, San Diego.....	13.9
6, J. Pierson, Phila. Mas.....	14.0
<b>60-64.</b>	
1, N. Heard, CDM.....	13.2
2, A. Guidet, CDM.....	13.2

3, W. Morales, CDM.....	13.6
4, R. Jones, UNA.....	14.1
5, W. Seldon, San Antonio.....	14.1
6, R. Sorlien, URITC.....	14.3
<b>65-69.</b>	
1, H. Koppel, N Cal Srs.....	13.2
2, F. Reid, UNA.....	13.4
3, F. White, UNA.....	13.5
4, W. Griffith, UNA.....	15.2
<b>70-74.</b>	
1, M. D'Elia, N. Jer, Mas.....	14.6
2, S. Lum, CDM.....	15.5
<b>75-79.</b>	
1, H. Anderson, UNA.....	17.8

##### Women 35-39.

1, M. Gerard, Woodside Str.....	13.0
---------------------------------	------

2, S. Pashkin, Manhatt FK.....	13.8
3, B. Simpson, Tampa Bay.....	14.2
<b>40-44.</b>	

1, A. Kleyhans, UNA.....	15.4
2, A. Johnson, Manhatt FK.....	15.8
3, C. Coughlin, Hoosier TC.....	16.1
<b>45-49.</b>	
1, R. Andrews, ATC.....	17.8
<b>50-54.</b>	
1, S. Dieterich, N Cal Str.....	16.2
<b>65-69.</b>	
1, P. Clarke, Ft Collins TC.....	16.4

#### 200 Metre Dash

##### Men 40-44.

1, K. Dennis, CDM.....	22.5
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2, C. Bertrand, NY Pion.....	23.1
3, J. Rabie, UNA.....	23.1
4, L. Riddick, NY Pioneers.....	23.2
5, A. Budd, NY Pioneers.....	23.3
6, N. Newton, S Cal Str.....	24.1
<b>45-49.</b>	
1, T. Baker, Seniors TC.....	23.4
2, B. Springbett, N Cal Srs.....	23.8
3, R. Messersmith, CDM.....	23.9
4, H. Bruhner, N Cal Srs.....	23.9
5, H. Hitt, Portland TC.....	24.4
6, B. Wilson, Montgomery.....	24.6
<b>50-54.</b>	
1, J. Greenwood, UNA.....	24.1
2, R. Valentine, NY Pion.....	24.9
3, O. Dawkins, Seniors TC.....	25.6
4, R. Jacobs, UNA.....	27.3
5, J. Bethea, Montgomery.....	27.3
6, B. Tober, PVSTC.....	27.4

<b>55-59.</b>	
1, J. Upham, KSU Man.....	26.3
2, B. Hunt, S Cal Str.....	26.6
3, M. Goldsmith, UNA.....	26.8
4, J. Tuttle, UNA.....	27.3
5, J. Manno, NJ Masters.....	27.5
6, J. Pierson, Phila Mas.....	27.6

<b>60-64.</b>	
1, A. Guidet, CDM.....	27.5
2, R. Jones, UNA.....	29.7
3, W. Seldon, San Antonio.....	30.0
4, R. Sorlien, URITC.....	30.1
5, S. Hudson, UNA.....	33.7

<b>65-69.</b>	
1, F. White, UNA.....	28.1
2, F. Reid, UNA.....	28.5
3, H. Koppell, N Cal Srs.....	28.8
4, L. Pawley, UNA.....	32.3

<b>70-74.</b>	
1, M. D'Elia, N Jersey Mas.....	30.1
2, S. Lum, CDM.....	33.0
3, H. McArdle, UNA.....	33.6

<b>75-79.</b>	
1, H. Chapson, Hawaii Mas.....	32.7
2, H. Anderson, UNA.....	34.7

**Women**

<b>35-39.</b>	
1, M. Gerard, Woodside Str.....	28.2
2, B. Simpson, Tampa Bay.....	29.5
3, C. Brockman, UNA.....	30.8

<b>40-44.</b>	
1, A. Johnson, Manhatt FK.....	32.4
2, A. Kleynhans, UNA.....	32.6
3, C. Coughlin, Hoosier TC.....	34.7

<b>45-49.</b>	
1, R. Andrews, ATC.....	40.6

<b>50-54.</b>	
1, S. Deitderich, N Cal Srs.....	34.7

<b>65-69.</b>	
1, P. Clarke, Ft Collins, + ..... + - US record.	35.1

**400 Metre Dash****Men**

<b>40-44.</b>	
1, R. Adams, PVSTC.....	51.0
2, J. Saunders, Phila Mas.....	51.0
3, E. Billup, UCTC.....	51.5
4, M. Grujic, UNA.....	51.9
5, M. O'Neil, NY Pioneers.....	52.3
6, B. Bowling, UNA.....	53.8

<b>45-49.</b>	
1, H. Bruhner, N Cal Srs.....	53.5
2, H. Hitt, Portland TC.....	53.6
3, T. Connelly, NY Pion.....	54.5
4, W. Wood, Tuscaloosa R.....	54.8
5, J. Holman, PVSTC.....	55.2
6, R. Messersmith, CDM.....	56.0

<b>50-54.</b>	
1, R. Valentine, NY Pion.....	54.5
2, D. Smith, US Masters.....	55.4
3, D. Jackson, N Cal Srs.....	56.3

4, K. Brown, Jersey Srs.....	57.5
5, R. Jacobs, UNA.....	62.7
6, R. Czarapata, Midwest.....	64.3

<b>55-59.</b>	
1, J. Upham, KSU Man.....	58.2
2, B. Hunt, S Cal Str.....	61.6
3, A. Messenger, NY Pion.....	61.9
4, R. Spencer, San Diego.....	62.8
5, J. Rice, Tampa Bay TC.....	63.5
6, R. Coughlin, Hoosier TC.....	64.9

<b>60-64.</b>	
1, R. Gordon, PVSTC.....	59.4
2, A. Guidet, CDM.....	62.2
3, B. Dyer, Mid-Am Mas.....	68.5
4, W. Seldon, San Antonio.....	70.3
5, S. Hudson, UNA.....	74.4

<b>65-69.</b>	
1, H. Koppell, N Cal Srs.....	67.1
2, C. Kline, Richmond TC.....	69.0

<b>70-74.</b>	
1, H. McArdle, UNA.....	76.7
2, S. Lum, CDM.....	82.3
3, J. Clarke, Ft Collins.....	1.28.8

<b>75-79.</b>	
1, H. Chapson, Hawaii Mas.....	71.0
2, H. Anderson, UNA.....	1.05.4

**Women**

<b>35-39.</b>	
1, M. Harvey, Metroplex.....	60.6
2, M. Gerard, Woodside.....	63.0
3, S. Pashkin, Manhatt FK.....	64.1
4, B. Simpson, Tampa Bay.....	66.4

<b>40-44.</b>	
1, A. Johnson, Manhattan.....	78.7

<b>45-49.</b>	
1, R. Andrews, ATC.....	95.1

<b>50-54.</b>	
1, S. Deitderich, N Cal Srs.....	82.5

<b>65-69.</b>	
1, P. Clarke, Ft Collins TC.....	89.8

**800 Metres Dash****Men**

<b>40-44.</b>	
1, E. Billups, UCTC + ..... H. Van Der Wal, Nof59.....	1.57.5 2.00.6
3, R. Saddler, UCTC.....	2.02.7
4, A. Conro, Boston AA.....	2.03.5
5, W. Erickson, UNA.....	2.04.3

<b>45-49.</b>	
1, T. Connelly, NY Pion.....	2.06.1
2, G. Kalchschmid, SFVTC.....	2.06.7
3, R. Raburn, Mont TC.....	2.09.3
4, D. Douglas, RASAC.....	2.10.1

<b>50-54.</b>	
1, D. Smith, US Masters.....	2.04.0
2, K. Brown, Jersey Srs.....	2.06.9
3, D. Jackson, N Cal Srs.....	2.11.3
4, L. Schneider, Mas Dix.....	2.12.2
5, R. Anspach, UNA.....	2.20.8
6, T. Parsons, NOTC.....	2.23.8

<b>55-59.</b>	
1, H. Lampert, UNA.....	2.17.8
2, A. Messenger, NY Pion.....	2.18.1
3, C. Peters, KSU Man.....	2.29.4
4, R. Coughlin, Hoosier.....	2.35.8
5, H. Strassenburg, UNA.....	2.37.0
6, B. McKenna, ATC.....	2.44.6

<b>60-64.</b>	
1, R. Gordon, PVSTC.....	2.21.6
2, J. Outlaw, CC of Dallas.....	2.28.5
3, B. Dyer, Mid-Am Mas.....	2.38.9
4, J. Warren, NCTC.....	3.20.6

<b>65-69.</b>	
1, W. Andberg, UNA.....	2.30.2
2, B. Boal, PVSTC.....	2.43.9

<b>70-74.</b>	
1, S. Madden, SFVTC.....	2.43.4
2, J. Clarke, Ft Collins.....	2.43.8
3, P. Fairbank, PVSTC.....	2.49.9
4, H. McArdle, UNA.....	3.05.4

K. St. Clair, Ozark Assn.....	3.16.6
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<b>75-79.</b>	
1, H. Chapson, Hawaii.....	2.42.6
2, L. Gregory, Pens Runn.....	3.36.6

**Women**

<b>35-39.</b>	
1, M. Hervey, Metroplex.....	2.22.2
2, M. Gerard, Woodside.....	2.33.3
3, S. Pushkin, Manhattan.....	2.40.0
4, C. Brockman, UNA.....	2.40.6
5, R. Widmann, UNA.....	2.55.0

<b>40-44.</b>	
1, M. Czarapata, Mid + ..... 2, N. Murchie, Hawaii.....	2.26.1 2.45.9
3, A. Johnson, Manhatt.....	3.14.0

<b>65-69.</b>	
1, P. Clarke, Ft Collins.....	3.38.0

**1,500 Metres Run****Men**

<b>40-44.</b>	
1, E. Billups, UCTC.....	4.09.8
2, G. Wood, PVSTC.....	4.17.3
3, J. Metsing, UNA.....	4.18.9
4, A. Conro, Boston AA.....	4.27.4
5, L. Fuselier, NOTC.....	4.33.7
6, R. Paklaian, Motor City.....	4.35.2

<b>45-49.</b>	
1, G. Vernosky, PVSTC.....	4.23.2
2, H. Kupczyk, Atlantic.....	4.23.5
3, R. Raburn, Mont.....	4.24.5
4, G. Kalchschmid, SFVTC.....	4.26.4
5, D. Powell, Tampa Bay.....	4.30.3
6, D. Douglas, RASAC.....	4.33.1

<b>50-54.</b>	
1, K. Brown, Jersey Srs.....	4.26.7
2, D. Smith, US Masters.....	4.29.3
3, W. Hanson, UNA.....	4.31.4
4, L. Torres, Puerto Rico.....	4.39.8
5, R. Green, UNA.....	4.43.7
6, L. Schneider, Mas Dix.....	4.47.8

<b>55-59.</b>	
1, J. Morrison, Mid-Am.....	4.40.4
2, A. Messenger, NY Pion.....	4.50.0
3, W. Winslow, UNA.....	4.58.1
4, R. Nimmons, UNA.....	5.12.4
5, J. Rice, Tampa Bay TC.....	5.19.7
6, R. Spencer, San Diego.....	5.25.5

<b>60-64.</b>	
1, R. Gordon, PVSTC.....	5.04.1
2, J. Outlaw, CC of Dallas.....	5.09.2
3, J. Oleson, SFVTC.....	5.13.4
4, B. Dyer, Mid-Am Mas.....	5.36.5
5, M. Miller, UNA.....	7.19.8

<b>65-69.</b>	
1, F. Berlien, N Cal Srs.....	6.21.9
2, B. Deacon, Hawaii Mas.....	6.22.0

<b>70-74.</b>	
1, S. Madden, SFVTC.....	5.44.4
2, P. Fairbank, PVSTC.....	5.55.6
3, K. St. Clair, Ozark Assn.....	7.03.5
3, P. Hobe, Al Oh Runn.....	7.57.2

<b>75-79.</b>	
1, H. Chapson, Hawaii.....	5.43.5
2, L. Gregory, Pens Runn.....	6.52.0

<b>80-84.</b>	
1, H. Chapson, Hawaii.....	5.43.5
2, L. Gregory, Pens Runn.....	6.52.0

<b>85-89.</b>	
1, H. Chapson, Hawaii.....	5.43.5
2, L. Gregory, Pens Runn.....	6.52.0

<b>90-94.</b>	
1, H. Chapson, Hawaii.....	5.43.5
2, L. Gregory, Pens Runn.....	6.52.0

<b>95-99.</b>	
1, H. Chapson, Hawaii.....	5.43.5
2, L. Gregory, Pens Runn.....	6.52.0

<b>100-104.</b>	
1, H. Chapson, Hawaii.....	5.43.5
2, L. Gregory, Pens Runn.....	6.52.0

**5,000 Metres Run****Men**

<b>40-44.</b>	
1, J. Metsing, UNA.....	15.58
2, B. Olrich, Mas Dix AC.....	16.05
3, L. Fuselier, NOTC.....	16.56
4, R. Jones, UNA.....	17.32
5, G. McFarland, UNA.....	17.38
6, K. Winn, ATC.....	17.43

<b>45-49.</b>	
1, G. Vernosky, PVSTC.....	16.43
2, R. Burd, Shohomish TC.....	19.09
3, R. Douglas, RASAC.....	19.42
4, G. Seifert, Birm TC.....	19.49

<b>50-54.</b>	
1, J. O'Neil, UNA.....	17.04
2, L. Torres, Puerto Rico.....	17.35
3, W. Hanson, UNA.....	18.02
4, R. Anspach, UNA.....	18.04
5, R. Green, UNA.....	18.11
6, R. Packard, Boston AA.....	18.16

<b>55-59.</b>	
1, J. Morrison, Mid-Am.....	17.13
2, R. Nimmons, UNA.....	18.44
3, P. Stone, ATC.....	19.18
4, J. Rice, Tampa Bay TC.....	20.29
5, R. Long, S Cal Str.....	22.07

<b>60-64.</b>	
1, J. Oleson, SFVTC.....	18.59
2, J. Outlaw, CC of Dallas.....	19.17
3, J. Woods, PVSTC.....	20.21
4, D. Johnson, Shore AC.....	22.05
5, R. Jones, UNA.....	24.03
6, M. Miller, UNA.....	31.15

<b>65-69.</b>	
1, W. Andberg, UNA.....	21.12

<b>70-74.</b>	
1, P. Fairbank, PVSTC.....	22.56
2, K. St. Clair, Ozark Assn.....	26.55
3, P. Hobe, Al Oh Runners.....	28.30

<b>75-79.</b>	
1, L. Gregory, Pens Runn.....	26.43

**Women**

<b>35-39.</b>	
1, R. Widmann, UNA.....	24.50

<b>40-44.</b>	
1, M. Czarapata, Midwest.....	19.36
2, N. Parker, ATC.....	19.37
3, N. Murchie, Hawaii.....	20.18
4, A. Kleynhans, UNA.....	25.14
5, J. Joesting, ERA Racers.....	27.08

**10,000 Metres Run****Men**

<b>40-44.</b>	
1, J. Metsing, UNA.....	32.38
2, B. Olrich, Mas Dix AC.....	33.12
3, K. Winn, ATC.....	33.57
4, R. Paklaian, Motor City.....	34.17
5, L. Fuselier, NOTC.....	35.08
6, G. McFarland, UNA.....	36.30

<b>45-49.</b>	
1, G. Vernoski, PVSTC.....	33.43
2, R. Burd, Shohomish.....	38.17
3, G. Seifert, Birm TC.....	40.28
4, J. Wallace, ATC.....	42.02
5, W. Miller, Midwest.....	42.05

<b>50-54.</b>	
1, J. O'Neil, UNA.....	34.46
2, P. Mundle, Santa Mon.....	34.48
3, L. Torres, Puerto Rico.....	36.51
4, R. Packard, Boston AA.....	37.04
5, W. Hanson, UNA.....	37.26
6, T. Persons, NOTC.....	37.46

<b>55-59.</b>	
1, J. Morrison, Mid-Am.....	35.38
2, L. Dreher, Penn AC.....	37.11
3, R. Nimmons, UNA.....	38.23
4, T. Dobbs, Fla TC.....	41.40

<b>60-64.</b>	
5, J. Pooler, UNA.....	43.00

**60-64.**

- 1, J. Oleson, SFVTC.....39.47  
 2, H. Marshall, ATC.....41.25  
 3, J. Woods, PVSTC.....42.01  
 4, J. Warren, NOTC.....50.44  
 5, M. Miller, UNA.....63.11

**65-69.**

- 1, B. Boal, PVSTC.....50.35  
 2, W. Stanford, NC Assn...53.49

**70-74.**

- 1, P. Fairbank, PVSTC.....48.44  
 2, P. Hobe, Al Oh Runners.62.23

**75-79.**

- 1, L. Gregory, Pens Runn...48.43

**Women****35-39.**

- 1, C. Brockman, UNA.....44.48  
 2, R. Widmann, UNA.....53.01

**40-44.**

- 1, N. Murchie, Hawaii.....43.28  
 2, A. Kleynhans, UNA.....51.43  
 3, J. Joesting, ERA Racers...55.16

**45-49.**

- 1, T. D'Elia, NYAA.....41.12

**5,000 Metres Walk****Men****40-44.**

- 1, J. Bomer, Terlingua.....24.53  
 2, J. Stefanowicz, Penn.....27.04  
 3, D. Beauchamp, UNA.....28.16  
 4, R. Myers, Ohio TC.....29.22  
 5, R. Fitzhugh, CDM.....32.37  
 6, E. Anglin, Penins TC.....34.50

**45-49.**

- 1, W. Nicoll, ATC.....26.41  
 2, A. Griggs, PVSTC.....27.58

**50-54.**

- 1, R. Mimm, Shore AC.....25.52  
 2, J. Allan, UNA.....26.12  
 3, H. Barnes, S Cal Str.....30.05

**55-59.**

- 1, T. Dyas, NJ Masters.....31.14  
 2, R. Long, S Cal Str.....32.34  
 3, E. Kafka, PVSTC.....34.19

**60-64.**

- 1, D. Johnson, Shore AC...28.14

**65-69.**

- 1, G. Wallace, UNA.....30.03  
 2, J. Wall, Howard Co S...34.29  
 3, F. White, UNA.....37.27

**70-74.**

- 1, C. Unruh, San Diego.....33.46

**Women****35-39.**

- 1, R. Widmann, UNA.....30.23

**40-44.**

- 1, L. Maynard, Woodside...28.17  
 2, A. Vanderhoff, Cheetah.28.58

**65-69.**

- 1, K. York, UNA.....38.41

**20kms Walk****Men****40-44.**

- 1, J. Bomer, Terlingua.....1.48.31  
 2, R. Myers, Ohio TC.....2.02.51  
 3, D. Beauchamp, UNA...2.09.01  
 4, J. Hines, UNA.....2.14.04  
 5, E. Anglin, Penins TC...2.31.55

**45-49.**

- 1, A. Griggs, PVSTC.....2.05.20

**50-54.**

- 1, J. Allen, UNA.....1.50.26  
 2, R. Mimm, Shore AC...1.53.26  
 3, H. Barnes, S Cal Str...2.17.58

**55-59.**

- 1, T. Dyas, NJ Masters...2.09.48  
 2, R. Long, S Cal Str.....2.27.16  
 3, E. Kafka, PVSTC.....2.27.17

**60-64.**

- 1, D. Johnson, Shore.....2.01.48

**65-69.**

- 1, G. Wallace, UNA.....2.22.41  
 2, J. Wall, Howard Co S.2.39.42

**70-74.**

- 1, C. Unruh, San Diego...2.22.14

**Women****40-44.**

- 1, L. Maynard, Woodside...2.09.11  
 2, A. Vanderhoff, Cheet...2.10.24

**110 Metres High Hurdles****Men****40-44.**

- 1, A. Henry, CDM.....15.1  
 2, C. Bertrand, NY Pion...15.4  
 3, H. Smith, S Cal Str...15.8  
 4, R. Stillwagon, UNA...15.8  
 5, J. Gilmore, Greenville TC.16.9  
 6, R. Fitzhugh, CDM.....18.3

**45-49.**

- 1, M. Burger, UNA.....15.7  
 2, D. Jackson, CDM.....16.3  
 3, P. Mulkey, ATC.....16.9  
 4, R. Enders, PVSTC.....18.9  
 5, D. Douglass, S Cal Str...21.1

**50-54.**

- 1, J. Greenwood, UNA.....15.3  
 2, J. Wallace, Richmond...16.4  
 3, R. Chernock, Richmond...16.8  
 4, F. Marr, Memphis.....19.4  
 5, B. Tober, PVSTC.....21.4

**55-59.**

- 1, B. Hunt, S Cal Str.....17.6  
 2, B. Gist, CDM.....17.8

**60-64.**

- 1, A. Guidet, CDM.....17.9  
 2, W. Morales, CDM.....20.0

**65-69.**

- 1, C. Mills, Phila Mas.....19.7  
 2, B. Boal, PVSTC.....22.0

**70-74.**

- 1, W. McFadden, San Diego..26.5

**75-79.**

- 1, H. Anderson, UNA.....28.1

**400 Metres Intermediate Hurdles****Men****40-44.**

- 1, C. Bertrand, NY Pioneers.60.1  
 2, H. Van Der Wal, N of 59...61.4  
 3, B. Hewitt, PVSTC.....67.8  
 4, R. Fitzhugh, CDM.....70.0

**45-49.**

- 1, M. Burger, UNA.....53.3  
 2, P. Mulkey, ATC.....61.1  
 3, A. Sheahen, SFVTC.....62.4  
 4, R. Enders, PVSTC.....65.8  
 5, T. Nasralla, Seniors TC...67.4  
 6, G. Thomas, UNA.....67.6

**50-54.**

- 1, J. Greenwood, UNA.....60.7

**55-59.**

- 1, B. Hunt, S Cal Str.....68.8  
 2, M. Buschmann, UNA.....74.6  
 3, H. Lampert, UNA.....74.8

**60-64.**

- 1, A. Guidet, CDM.....73.1

**65-69.**

- 1, B. Deacon, Hawaii Mas...79.0  
 2, B. Boal, PVSTC.....82.7  
 3, F. Berlein, N Cal Srs...99.1

**75-79.**

- 1, H. Anderson, UNA.....1.04.3

**3,000 Metres Steeplechase****Men****40-44.**

- 1, M. Van Der Wal, N of 59.10.03  
 2, M. Deutsch, Shore AC...11.48  
 3, C. Hill, Manasota.....12.22

**50-54.**

- 1, R. Anspach, UNA.....11.30

- 2, R. Czaparata, Midwest...12.43

**55-59.**

- 1, H. Lampert, UNA.....12.17  
 2, C. Peters, KSU Manhatt.13.18  
 3, R. Long, S Cal Str.....15.44

**60-64.**

- 1, E. Lowell, Seniors TC.....13.32

**65-69.**

- 1, B. Boal, PVSTC + .....13.05  
 + - World Record

**4 x 200 Metres Relay****Men****40-44.**

- 1, New York Pioneers.....1.33.5  
 Bertrand, O'Neal, Budd,  
 Riddick.  
 2, Corona Del Mar.....1.38.2  
 Dennis, Jackson, Henry,  
 Messersmith.  
 3, Atlanta Track Club.....1.47.6  
 Stewart, Laws, Sharp, Edge.

**45-49.**

- 1, Northern Calif Seniors...1.42.8  
 Marlin, Frederickson, Spring-  
 bett, Bruhner.

**50-54.**

- 1, Northern Calif Seniors...2.00.1

**4 x 400 Metres Relay****Men****40-44.**

- 1, New York Pioneers.....3.40.8  
 Valentine, Connelly, Bertrand,  
 O'Neal.

**45-49.**

- 1, Montgomery TC.....3.54.6  
 Bethea, Wood, Rayburn,  
 Wilson.

**55-59.**

- 1, Atlanta Track Club.....5.01.0  
 Galloway, Stone, Marshal,  
 MacKenna.

**4 x 100 Metres Relay****Men****40-44.**

- 1, New York Pioneers.....43.9  
 Bertrand, Weaver, Budd,  
 Riddick.  
 2, Corona Del Mar.....45.2  
 Dennis, Jackson, Schlegel,  
 Henry.

**45-49.**

- 3, Philadelphia Masters.....47.3  
 Hacker, Scott, Moore,  
 McPherson.  
 4 Atlanta Track Club.....51.4  
 Laws, Sharp, Steward, Edge.

**45-49.**

- 1, Northern Calif Seniors...46.6  
 Marlin, Frederickson, Spring-  
 bett, Bruhner.

**50-54.**

- 1, UNA.....49.5  
 Dawkins, Greenwood, Wata-  
 nabe, Wallace.

**Women****35-39.**

- 1, Manhattan Flight Kings...57.4  
 Pashkin, Shippen, Mapps,  
 Johnson.

**High Jump****Men****40-44.**

- 1, T. Langenfeld, UNA.....6'0"  
 2, N. Newton, S Cal Str...5'10"  
 3, J. Gilmore, Greenville...5'6"  
 4, D. Shillinglaw, UNA.....5'0"  
 5, B. Hewitt, PVSTC.....5'0"

**45-49.**

- 1, R. Richardson, UNA + .....6'0"

- 2, J. Brown, Mid-Am Mas...5'8"  
 3, K. Hollingsworth, UNA...5'6"  
 3, P. Mulkey, ATC.....5'6"

- 5, W. Hutchins, Phila Mas...5'6"  
 6, H. White, Denver TV.....5'6"

**50-54.**

- 1, J. Wallace, Richmond...5'0"  
 2, H. Wallace, Huntington.4'10"

**65-69.**

- 3, R. Peters, UNA.....4'8"  
 4, B. Tober, PVSTC.....4'6"  
 5, F. Marr, Memphis.....4'4"

**55-59.**

- 1, B. Gist, CDM.....5'2"  
 2, F. Simmons, UNA.....5'0"  
 3, O. Gillett, CDM.....4'10"  
 4, D. Brown, CDM.....4'8"  
 5, M. Buschman, UNA.....4'6"  
 6, T. Ille, N Jersey Mas...4'2"

**60-64.**

- 1, R. Ganslen, Shore AC...4'7 3/4"  
 2, E. Lowell, Seniors TC...4'2"

**65-69.**

- 1, W. Eipel, NYAC.....4'6 3/4"  
 2, R. Lacey, NY Pioneers.4'4"  
 2, C. Hills, Phila Mas.....4'4"  
 4, B. Boal, PVSTC.....4'4"  
 5, W. Dunham, UNA.....4'0"

**70-74.**

- 1, W. McFadden, San Diego..3'8"  
 2, K. Boas, NY Pioneers...3'8"  
 75-79.

**Women****35-39.**

- 1, C. Brockman, UNA.....3'10"

**Women****35-39.**

- 1, C. Brockman, UNA.....3'10"

**70-74.**

- 1, W. McFadden, San Diego..3'8"  
 2, K. Boas, NY Pioneers...3'8"  
 75-79.

**Women****35-39.**

- 1, C. Brockman, UNA.....3'10"

**Women****35-39.**

- 1, C. Brockman, UNA.....3'10"

**70-74.**

- 1, T. Chilton, UNA.....6.64  
 2, A. Henry, CDM.....6.35  
 3, P. Richard, Shore AC.....6.13  
 4, R. Stillwagon, UNA.....6.07

**45-49.**

- 1, D. Jackson, CDM.....6.13  
 2, P. Schlegel, CDM.....5.93  
 3, W. Clark, Phila Mas.....5.82  
 4, P. Mulkey, ATC.....5.68  
 5, R. Enders, PVSTC.....5.64  
 6, T. Nasralla, Seniors TC...5.50

**50-54.**

- 1, E. Schuler, Tampa Bay...5.24  
 2, R. Chernock, Richmond...5.14  
 3, R. Jacobs, UNA.....4.66  
 4, B. Richards, UNA.....4.60  
 5, F. Marr, Memphis TC.....4.54

**55-59.**

- 1, R. Spencer, San Diego...5.19  
 2, D. Brown, CDM.....4.97  
 3, D. Harris, Phila Mas.....4.55  
 4, T. Illie, N Jersey Mas...4.28  
 5, P. Constant, Mid-Am...4.20

**60-64.**

- 1, W. Morales, CDM.....4.86  
 2, A. Guidet, CDM.....4.67  
 3, R. Ganslen, Shore AC.....4.65  
 4, R. Sorlien, URITC.....4.32  
 5, J. Warren, NCTC.....3.30

**65-69.**

- 1, F. White, UNA.....4.68  
 2, C. Hills, Phila Mas.....4.19  
 3, S. Burho, Richmond TC...3.95  
 4, W. Griffith, UNA.....2.97

**70-74.**

- 1, W. McFadden, San Diego..3.77  
 2, K. Boas, NY Pioneers...3.28  
 3, A. Ticmanis, Canadian M.3.01

**75-79.**

- 1, H. Anderson, UNA.....3.28

**Women****35-39.**

1, C. Brockman, UNA.....4.06

**Triple Jump****Men****40-44.**

1, T. Chilton, UNA.....12.71

2, A. Henry, CDM.....12.61

3, P. Conley, UNA.....9.64

**45-49.**

1, D. Jackson, CDM.....12.31

2, P. Mulkey, ATC.....11.23

3, T. Nasralla, Seniors TC...10.37

4, P. Cartensen, UNA.....9.91

5, C. Cox, Soy City Str.....9.61

**50-54.**

1, E. Shuler, Tampa Bay.....9.87

2, F. Marr, Memphis TC.....9.58

**55-59.**

1, D. Brown, CDM.....10.42

2, R. Spencer, San Diego...10.41

3, M. Buschman, UNA.....9.69

4, D. Harris, Phila Mas.....8.95

5, P. Constant, Mid-Am.....8.11

6, R. Long, S Cal Str.....7.82

**60-64.**

1, R. Ganslen, Tampa bay...9.42

2, R. Sorlien, URITC.....8.89

3, J. Russell, Tampa Bay....5.55

**65-69.**

1, F. White, UNA.....9.20

2, B. Deacon, Hawaii Mas...8.60

3, C. Hills, Phila, Mas.....8.37

**70-74.**

1, W. McFadden, San Diego..8.35

**75-79.**

1, H. Anderson, UNA.....7.44

**Women****45-49.**

1, R. Richards, ATC.....5.66

**Shot Put****Men****40-44.**

1, H. Smith, S Cal Str.....13.02

2, J. Edwards, PVSTC.....11.26

3, R. Fitzhugh, CDM.....8.98

**45-49.**

1, D. Gonzales, Garden S...13.90

2, C. Fraundorfer, Tampa...13.80

3, L. Olson, Green Mtn.....12.42

4, P. Carstensen, UNA.....10.14

5, J. Tovell, Canadian Mas...9.56

6, D. Douglas, S Cal Str.....9.15

**50-54.**

1, W. Walmroth, UNA.....13.89

2, B. Richards, UNA.....12.35

3, H. Cantor, NY Pioneers..12.16

4, H. Wallace, Huntington..11.68

5, J. Ulam, W Penn.....10.80

6, R. Peters, UNA.....10.62

**55-59.**

1, F. Simmons, UNA.....12.69

2, D. Aldrich, CDM.....12.66

3, F. Geiter, Cst Carolina...12.48

4, R. Stone, N Cal Srs.....10.73

5, D. Batchelor, UNA.....10.28

6, J. Pierson, Phila Mas.....9.91

**60-64.**

1, N. Heard, CDM + .....16.40

2, H. Dietz, UNA.....13.52

3, P. Henn, Lincoln TC.....11.78

4, A. Guidet, CDM.....11.69

5, J. Russell, Tampa Bay...10.25

+ - World record.

**65-69.**

1, J. York, N Cal Srs + .....13.46

2, W. Eipel, NYAC.....12.82

3, E. Malan, UNA.....12.19

4, S. Burho, Richmond.....10.15

5, W. Griffith, UNA.....9.19

+ - Equals World record.

**70-74.**

1, A. Ticmanis, Canadian....9.13

**75-79.**

1, H. Anderson, UNA.....10.13

**Women****35-39.**

1, U. Schreiber, CDM.....7.43

**40-44.**

1, E. Alanne, Midwest Mas..5.10

**45-49.**

1, R. Andrews, ATC.....5.81

**Discus****Men****40-44.**

1, A. Oerter, NYAA.....59.24

2, H. Smith, UNA.....35.64

3, J. Edwards, PVSTC.....34.06

4, B. Tentusscher, UNA....25.34

**45-49.**

1, D. Gonzales, Garden S...45.64

2, C. Fraundorfer, Tampa...41.42

3, L. Olsen, Green Mtn.....38.62

4, J. Tovell, Canadian Mas...32.02

5, D. Douglas, S Cal Str.....27.06

**50-54.**

1, W. Walmroth, UNA.....40.92

2, H. Cantor, NY Pioneers..36.14

3, H. Wallace, Huntington..36.06

4, R. Peters, UNA.....31.12

5, D. Hall, Florida Str.....25.76

6, M. Williams, Baton R....23.84

**55-59.**

1, D. Aldrich, CDM.....37.54

2, R. Stone, N Cal Srs.....34.34

3, F. Geiter, Cst Carolina...33.54

4, F. Simmons, UNA.....33.28

**60-64.**

1, T. McDermott, NYAC....49.06

2, N. Heard, CDM.....40.24

3, P. Henn, Lincoln TC.....35.34

4, H. Dietz, UNA.....33.56

5, J. Russell, Tampa Bay...19.99

**65-69.**

1, E. Maian, UNA.....40.06

2, J. York, N Cal Srs.....36.52

3, W. Eipel, NYAC.....35.24

4, S. Burho, Richmond.....31.02

5, L. Paveley, UNA.....27.20

6, W. Griffith, UNA.....25.20

**70-74.**

1, A. Ticmanis, Canadian...25.28

**75-79.**

1, H. Anderson, UNA.....25.46

**Women****35-39.**

1, R. Widmann, UNA.....21.62

2, U. Schreiber, CDM.....20.60

**40-44.**

1, A. Kleynhans, UNA.....17.14

**Pole Vault****Men****40-44.**

1, E. Hoyle, UNA.....13'6"

2, P. Richard, Shore AC....13'0"

3, H. Smith, S Cal Str.....10'6"

4, D. Shillinglaw, UNA.....10'6"

5, B. Hewitt, PVSTC.....9'6"

6, R. Fitzhugh, CDM.....9'0"

**45-49.**

1, J. Donley, UNA.....12'6"

2, M. Rivera, UNA.....12'0"

3, M. Burger, UNA.....12'0"

4, P. Mulkey, ATC.....12'0"

**50-54.**

1, H. Wallace, Huntington..10'6"

2, R. Peters, UNA.....8'0"

**55-59.**

1, V. Wolfe, UNA.....10'6"

2, D. Brown, CDM.....10'6"

3, O. Gillett, CDM.....9'0"

**60-64.**

1, B. Deacon, Hawaii Mas..8'6"

2, S. Burho, Richmond TC..8'6"

3, C. Hills, Phila Mas.....6'0"

**75-79.**

1, H. Anderson, UNA.....5'6"

**Javelin****Men****40-44.**

1, P. Conley, UNA.....41.07

2, R. Youngs, Hartford.....55.21

3, J. Gilmore, Greenville...49.32

4, H. Smith, S Cal Str.....47.76

5, R. Fitzhugh, CDM.....36.30

6, B. Tentusscher, UNA....27.13

**45-49.**

1, R. Sutton, N Cal Srs.....52.14

2, P. Mulkey, ATC.....49.73

3, L. Olson, Green Mtn.....47.47

4, D. Gonzales, Garden S...46.50

5, H. White, Denver TC....44.46

6, J. Brown, Mid-Am Mas..37.73

**50-54.**

1, R. Bergenback, UNA.....45.71

2, J. Ulam, W Penn.....38.79

3, H. Cantor, NY Pioneers..37.39

4, B. Richards, UNA.....35.30

**55-59.**

1, F. Geiter, Cst Carolina...46.19

2, F. Simmons, UNA.....44.62

3, D. Aldrich, CDM.....42.44

4, R. Stone, N Cal Srs.....37.30

**60-64.**

1, W. Morales, CDM.....48.77

2, H. Dietz, UNA.....29.18

3, P. Henn, Lincoln TC.....26.73

4, W. Seldon, San Antonio..25.67

**65-69.**

1, W. Eipel, NYAC.....37.47

2, E. Malan, UNA.....36.47

3, C. Hills, Phila Mas.....31.40

4, W. Dunham, UNA.....31.34

**70-74.**

1, A. Ticmanis, Canadian...19.23

**75-79.**

1, H. Anderson, UNA.....29.10

**Women****35-39.**

1, U. Schreiber, CDM.....19.90

**40-44.**

1, E. Allane, Midwest Mas..16.51

2, J. Joesting, ERA Racers..8.44

**Hammer****Men****40-44.**

1, G. Bobell, CDM.....47.53

2, J. Edwards, PVSTC.....27.70

3, H. Smith, S Cal Str.....24.53

**45-49.**

1, E. Black, CCAA.....49.60

2, L. Olson, Green Mtn.....39.10

3, C. Fraundorfer, Tampa...38.66

4, L. Velez, Puerto Rico...36.90

5, D. Douglas, S Cal Str...31.92

6, P. Carstensen, UNA.....27.35

**50-54.**

1, R. Bergenback, UNA.....34.05

2, H. Cantor, NY Pioneers..27.44

3, R. Peters, UNA.....21.97

**55-59.**

1, D. Batchelor, UNA.....32.47

2, D. Aldrich, CDM.....29.30

3, R. Stone, N Cal Srs.....25.60

**60-64.**

1, T. McDermott, NYAC....43.55

2, N. Heard, CDM.....40.26

3, N. Fowler, Mas Dix AC..39.36

4, H. Dietz, UNA.....25.75

5, P. Henn, Lincoln TC.....22.60

**65-69.**

1, J. York, N Cal Srs.....30.24

**70-74.**

1, A. Ticmanis, Canadian...23.74

**75-79.**

1, H. Anderson, UNA.....16.20

**Pentathlon****Men****40-44.**

1, P. Richard, Shore.....2,364

2, J. Gilmore, Greenville...2,302

3, R. Stillwagon, UNA.....2,267

4, H. Smith, S Cal Str.....2,012

5, R. Fitzhugh, CDM.....1,674

**45-49.**

1, P. Mulkey, ATC.....2,240

2, T. Grimes, Mas Dix AC..1,960

3, D. Gonzalez, Garden S...1,844

4, H. Kupczyk, Atlantic I...1,594

5, T. Tobiasen, Pens Runn..869

**50-54.**

1, H. Wallace, Huntington..1,768

2, M. Williams, Baton R....1,144

**55-59.**

1, M. Buschman, UNA.....1,537

2, D. Harris, Phila Mas.....1,297

**60-64.**

1, W. Morales, CDM.....1,636

**65-69.**

1, C. Hills, Phila Mas.....1,193

**70-74.**

1, K. Boas, NY Pioneers.....241

2, H. McArdle, UNA.....160

**75-79.**

1, H. Anderson, UNA.....445

**Women****35-39.**

1, S. Pashkin, Manhatt FK.1,923

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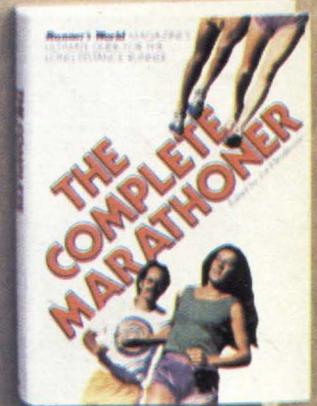
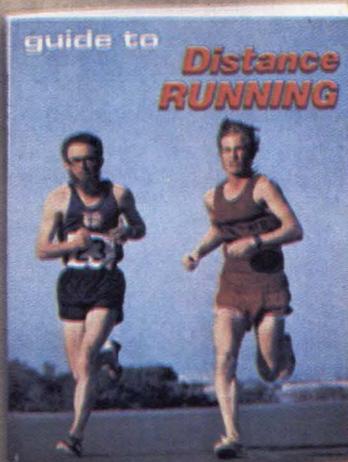
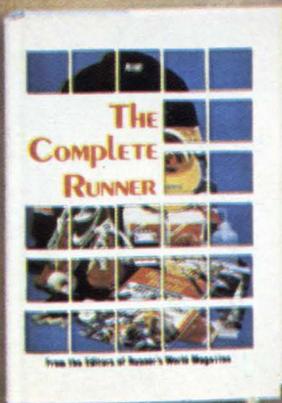
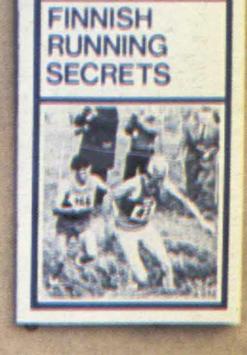
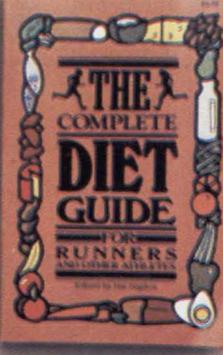
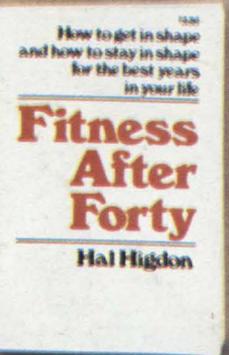
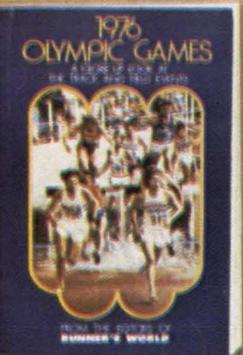
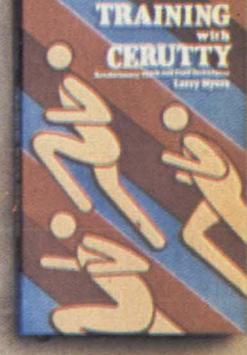
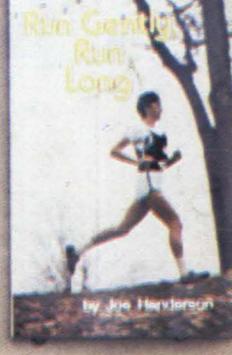
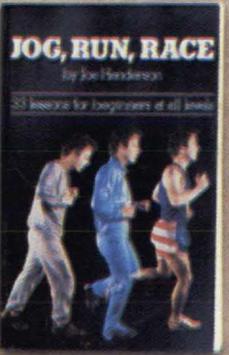
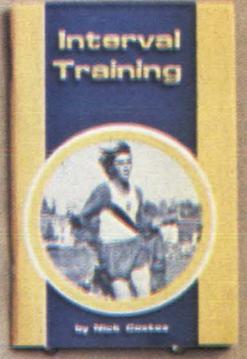
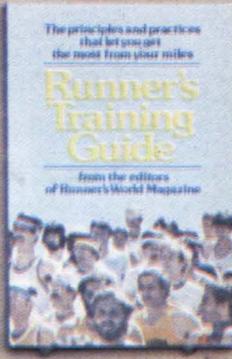
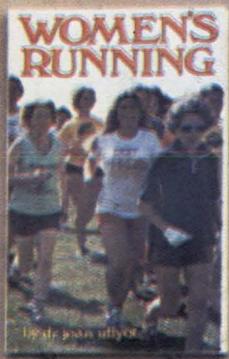
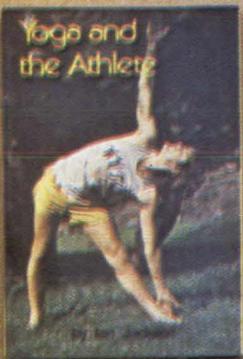
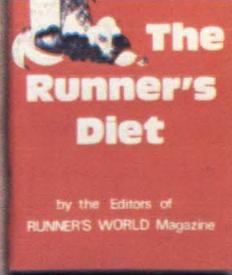
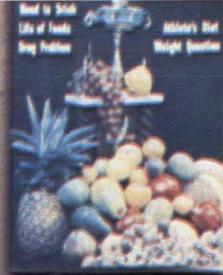


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